



THE NEWSLETTER OF THE MOUNT ROYAL COMMUNITY ASSOCIATION

MOUNT ROYAL COMMUNITY NEWSLETTER

2317 - 10 Street SW, Calgary, T2T 3G7

FALL 2010

Mount Royal Annual Cocktail & Dinner Party (Including a "Dessert & Dance Extravaganza"!)

SATURDAY, OCTOBER 23, 2010

**LIMITED TICKETS &
ALWAYS A SELL-OUT!**
(More details on page 10)

**Call now to book.
\$125 per person.**

Ask about HOSTING opportunities!
(MRCA Members Only—Join Now!)



Mary Lou McCormick 403-244-5152

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OFFICERS	Term: NOV 2009 to NOV 2010
President	Jane Keyser president@mountroyalstation.ca
Past-President	Jane Perry pastpresident@mountroyalstation.ca
Vice-President	Debra Law vicepresident@mountroyalstation.ca
Secretary	Nancy Calvin secretary@mountroyalstation.ca
Treasurer	Laura Brown treasurer@mountroyalstation.ca

DIRECTORS	Term: NOV 2009 to NOV 2010
Members	Denise Ross membership@mountroyalstation.ca
Newsletter	Marsha Hales & Candice Selby newsletter@mountroyalstation.ca
Community Development	Peter Haley development@mountroyalstation.ca
Traffic Safety	Bob Weaver traffic@mountroyalstation.ca
Community Events	Mary Lou McCormick & Elisa Iozzo events@mountroyalstation.ca
Facilities/Booking	Tina Dargan facilitybooking@mountroyalstation.ca
Crime & Safety	Vacant (Open for Volunteer) crimeandsafety@mountroyalstation.ca
Urban Forest	Charlene Prickett urbanforest@mountroyalstation.ca
Tennis Keys	Jane Perry tennis@mountroyalstation.ca

MOUNT ROYAL COMMUNITY NEWS

For Advertising, Inquiries or Submissions; Contact:
newsletter@mountroyalstation.ca
Ad submissions are included at the discretion of the Newsletter Director. All ads may be submitted in Word, jpeg, pdf, tiff, or GIF files.

NEXT ISSUE (WINTER/SPRING 2011)

Deadline for Submission: JANUARY 12, 2011

Advertising Rates (Prepayment Required)

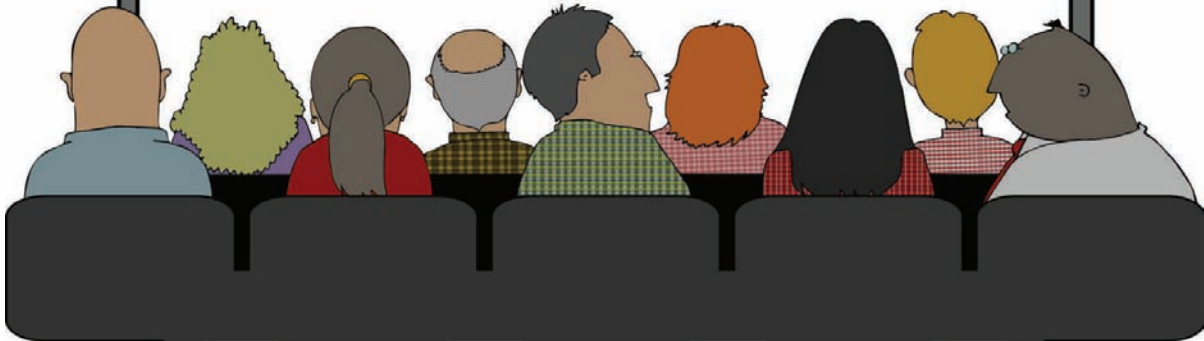
Free	5 lines	
\$50	business card	3.6" w x 2" h
\$75	1/4 page	3.6" w x 4.5" h
\$300	1/2 page	7.6" w x 4.5" h

ANNUAL GENERAL MEETING

Wednesday, November 17 at Mount Royal Station.
Meeting at 7:00 pm followed by wine and cheese.

To be discussed:

1. The year 2010 in review;
2. What we have in store for 2011;
3. Financial Report;
4. Volunteer and election of officers and directors.



Anonymous Letter sent to the MRCA recently:

“Kudos” to the thoughtful Mount Royal resident who replanted the many seedlings in the roundabout at Carleton and Premier Way.

When I drove through the intersection on Saturday, July 10, 2010 at 8 am, some irresponsible partiers the previous night had pulled out the city’s (community’s) newly planted seedlings and scattered them all over the road.

On my return about one hour later, there was a nearby resident picking up the seedlings and replanting them.

Thank you for helping to keep our neighbourhood beautiful.



THANK YOU

The Mount Royal Community Association would like to thank The Glencoe Club for the gift of publishing and collating our newsletter. We appreciate your dedication to the Mount Royal Community.



Western Canada High School Partial Modernization Project:

The Calgary Board of Education and Western Canada High School are pleased to provide the Mount Royal Community Association with an update on the progress of the partial modernization project at Western Canada High School. The project is on schedule to be completed by the fall of 2011. Work is being undertaken to upgrade portions of the school's mechanical and electrical systems, improve barrier-free accessibility, update fire safety equipment, and improve computer network accessibility. Current work includes the installation of a new elevator, high efficiency indoor lighting, new windows, and upgraded roofing and skylights. Community residents may notice activity around the building outside of regular school hours and on weekends, as efforts are being made to minimize the impact of the modernization on the school community. The Calgary Board of Education, construction manager Clark Builders, and school administration hold regular coordination meetings to plan the project, ensure effective communication, and minimize disruption to staff and students.

Jayne McDonald, Assistant Principal



Earl Grey School



The 2010 - 2011 school year has begun and once again we have embarked on another exciting journey of learning at Earl Grey School. It is inspiring to walk through the halls and classrooms and see the smiling faces of our students and teachers who support each other in an environment of trust and mutual respect. Our priority is educating the whole child not only in academic pursuits but also in developing a sense of responsibility and community. We strive toward achieving the Calgary Board of Education Policy Ends of citizenship, personal development and strong character development so that students can “do what is right, act morally with wisdom, and balance individual concerns with the rights and needs of others.”

We have begun our year with an amazing Artist Residency with professional photographer Linda Craddock who is working with all classes from Grade 1 to 6. She will return in late September and early October to continue with the students as they develop a sense of quality photography and apply it in their project work at school. Two of our classes are involved in the Chevron Open Minds program as they attend “Museum School” at the Glenbow Museum and “Campus Calgary Canada Olympic Park School” at C.O.P.. These are just a few of the exciting learning opportunities that we have in store this year and we are looking forward to many more quality experiences as the year progresses.

We believe we have one of the finest schools in the city and are proud of all our students, parents and staff who work together daily to make Earl Grey School a great place to be. If you would like more information or would like to come and see the school, please feel free to call us at 403 777 8570.

Tim Shoults
Assistant Principal
Earl Grey School



Mount Royal School:

We have had a busy school startup for our 250 students this year. Although it's only been two weeks since we've returned, soccer, volleyball, and cross-country seasons are well underway.

You may have noticed our new school sign. This is the first step in what we hope to be a community effort to revitalize our school grounds. As part of our 100 year celebration, we will be putting together a community incentives program grant proposal to make our surroundings friendlier to both community and school groups using this space. In order to complete our proposal, we will be approaching our surrounding communities for input and letters of support for this initiative.

Please watch the sign and check our website for information about this and other upcoming events at the school.

Sincerely,

Sandy Searle
Principal

Chris Giffen
Assistant Principal

Ph: (403) 777-7980

Fax: (403) 777-7983

<http://schools.cbe.ab.ca/b639/>



Girl Guides
of Canada
Guides
du Canada

Blackfoot District Guiding in Canyon Meadows

Cookies, cookies, cookies!!!! We love cookies!

If it's October then it must be yummy chocolaty Girl Guide mint cookie time! Please support our girls by buying a box when they come to your door or if you see them at a retail location. Your generous support makes our activities possible.

We are looking for you to join in on all the fun, games, friendships and new experiences that Girl Guides has to offer! In October all of our members will come together for a "spun-out" district roller-skating event. Some of our units may have outdoor campfires, go biking, work on badges, have spook-takular Halloween parties and all will sell cookies! You won't want to miss out on all the fun!

REGISTRATION IS ON GOING - Don't wait call today!!

Guiding welcomes girls of all ages from kindergarten through to high school and beyond.

Sparks	ECS & Grade 1	or	(5&6 year olds)
Brownies	Grades 2 & 3	or	(7&8 year olds)
Guides	Grades 4, 5 & 6	or	(9 to 12 year olds)
Pathfinders	Grades 7, 8 & 9	or	(12 to 15 year olds)
Rangers	Grades 10, 11 & 12	or	(15 to 17 year olds)
Leaders			(18 years and over)

If you have any questions regarding Guiding, registration or becoming a leader please contact our district commissioner **Tracy Comessotti** at 403-203-2414 or via email at tracy@comessotti.com

Guiding is Fun!

Halloween Safety

Alberta Health Services EMS would like to remind parents and trick-or-treaters of some basic Halloween safety tips as October 31st approaches. As a member of the UNICEF *Partners for Safety*, ambulances, along with police, fire, transit and Shaw Cable vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked cross walks or well lit corners only. It is safest to work your way up one side of the street and then cross once to the other side.
- Stay away from houses that are not well lit and do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times and advise them if you will be late returning.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups of three or more.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

Costumes

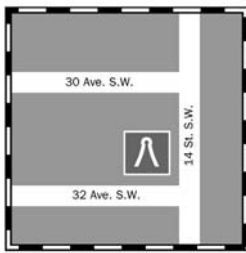
- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods or wands, should be soft and flexible with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair vision or breathing.
- Be sure costumes are loose enough to be worn over warm clothing – but not so baggy or long they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking.

FOR A TRICK OR TREAT SPOOKTACULAR:

Drop by 1125 Sydenham Road SW
 But be prepared to be scared!
 (Halloween night, Oct. 31, Dusk to 9 PM
 (There may be other haunted houses in the neighbourhood as well . . .)

(All ages welcome. Young kids can stay on the “non-spooky” path)





Alexander Calhoun Library

3223 – 14 Street SW

Hours:

Monday - Thursday

Friday & Saturday

Sundays (mid-Sept to mid-May)

10 a.m. – 9 p.m.

10 a.m. – 5 p.m.

12 p.m. – 5 p.m.



Register for programs by phone at 403-260-2620, online at www.calgarypubliclibrary.com, or in person at any Library branch. A valid Calgary Public Library card in your name is required to attend all programs.

The Library will be closed Monday, October 11th, Thursday, November 11th, Saturday, December 25th, and Sunday, December 26th.

It's big. Very big.

In November, the Calgary Public Library launches its inaugural **One Book, One Calgary** program, a Library-led reading initiative designed to encourage all Calgarians to discuss the same book. A community-wide reading program promotes reading and builds community among our city's diverse population. [Mavericks: an Incurable History of Alberta](#) by local author, Aritha van Herk, has been selected to stimulate discussion about Calgary's history, its current state, and its future possibilities. This book will be the focus for system-wide events and programs in November, including, book club and panel discussions, author readings, and displays.

Join the Calgary Public Library and community partners for an exciting series of special and unexpected events inspired by this book. Pick up your copy at your local branch or visit Calgarypubliclibrary.com to join the conversation and help Calgarians find our current and future "Mavericks"!

Calgary: A New Illustrated History with Harry Sanders (Seniors)

Over a century of photographs capture the life and times of the city and its people in this new book.

Ages 50 and up

Wednesday, Nov 17

10:30 a.m. - 12:30 p.m.

Travelling To Ethiopia

Learn more about the history and fascinating legends of this mysterious country in a presentation, followed by a question and answer period. Presented by African Queen Tour Operations.

Tuesday, Oct 12

7:00 - 8:00 p.m.

Successful Aging

Join a conversation that reveals how to maximize your potential to live better and be healthier as you age gracefully. Presented by Dr. Stefan Bell, Family First Chiropractic and Wellness.

Ages up to 50

Wednesday, Oct 20

10:30 a.m. - 12:00 p.m.

Decorative Painting: Faux Finishing

Create a scrapbook of easy faux finishes, including tortoise shell, weathered/crackled, and more, in this introductory program. Please bring \$10 for supplies.

Saturday, Oct 30

10:30 a.m. - 12:00 p.m.

Where the Sidewalk Ends and Theatre Begins!

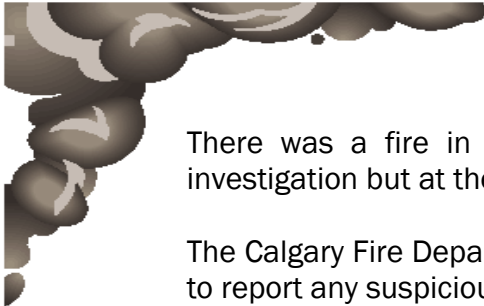
The troupe from Calgary Young People's Theatre is back with 45 minutes of merriment featuring the work of Shel Silverstein. Join us for this free performance, exclusively at Calgary Public Library.

Ages 5 to 11

Tuesday, Nov 02

2:30 - 3:15 p.m.





FIRE!

There was a fire in Mount Royal in July. We do not know the results of the investigation but at the time, the fire was considered to be suspicious in nature.

The Calgary Fire Department reminds residents to be vigilant and call 403-266-1234 to report any suspicious activities in their area or call 911 for a crime in progress.



For further information please visit their website at www.calgary.ca/fire or contact the Calgary Fire Department's Community Safety Division at 403-297-4288.

Here is a "Home Fire Safety Checklist" from our Fire Department.



Tick **yes** or **no**, then add up your total to find out your score.

	Yes	No
Inside the home		
Detectors*		
• There are smoke alarms and carbon monoxide alarms on every level of the home.		
• You test smoke/carbon monoxide alarms once per month.		
• Batteries are replaced yearly if your alarms are <i>not</i> hardwired.		
• You can hear all alarms in the home, especially in sleeping areas.		
• Smoke alarms more than 10 years old are replaced.		
*Check manufacturer's instructions on alarm installation, testing, maintenance and replacement requirements.		
Escape planning		
• Family/residents have prepared and practised a home fire escape plan, including meeting place.		
• Everyone knows what to do once a fire starts, including who helps children, older adults and pets.		
• Everyone knows two exits from each bedroom or sleeping area.		
• Entrances are free and clear of obstructions.		
• Overnight guests are aware of the home escape plan and meeting place.		
• Everyone knows to call 9-1-1 in an emergency from a safe phone outside the residence.		
• Everyone knows to get out and stay out . No one goes back in!		
Kitchen		
• Cooking is never left unattended.		
• Check for cracked/worn electrical cords on appliances.		
• Countertop appliances are unplugged when not in use.		
• Curtains and towels are clear of heat sources.		
• There is a fire extinguisher near the kitchen.		

	Yes	No
Living areas		
• Cracked/worn electrical cords are replaced as needed.		
• Electrical outlets are never overloaded.		
• Wires or electrical cords do not run under carpets/rugs.		
• Extension cords are not used as permanent wiring.		
• Gas and/or wood fireplaces have screens.		
• Gas appliances are inspected annually.		
• Wood fireplace chimneys are cleaned annually.		
• Electronics have airspace to prevent overheating.		
• Portable heaters are away from doorways, combustibles and high-traffic areas.		
• Hallways are clear of obstructions.		
• Candles are extinguished when you leave the room or LED battery-operated candles are used.		
Bedrooms		
• Lamps are clear of combustibles like curtains or clothing.		
• Bedroom doors are closed at night. (This can save your life.)		
• Candles are extinguished before sleep or LED battery-operated candles are used.		
• Windows open easily. (Security bars are quickly and easily opened from the inside.)		
• Second- and third-level bedrooms have escape ladders.		
• A phone is near your bed. (landline or cell phone)		
• No one smokes in bed.		
Basement		
• Electrical panel is clear of obstructions.		
• Furnace and hot water tank are clear of obstructions and combustibles.		
• The furnace room stores no flammables.		
Garage		
• Gasoline is stored in an approved container in the shed, NOT in the garage.		
• Used rags are stored in a metal container with a tight-fitting lid.		
• A fire extinguisher is located in the garage.		
• Garage is kept clear of sawdust/wood shavings.		
• No car is ever left idling in the garage.		
Other		
• Matches and lighters are always out of the reach of children.		
• Important papers (e.g. documents, identification, heirlooms) are in a fire-resistant safe.		

	Yes	No
Outside the home		
• Cigarettes are never extinguished in planters, on grass, in peat moss or mulch.		
• Barbeques and firepits are a safe distance from the house and from combustibles (siding, decks, etc.).		
• Children stay a safe distance from barbeques and firepits.		
• Firepits are never left unsupervised.		
• There is no debris or dead vegetation near the house.		
• Trees are pruned and thinned to reduce fuel potential.		
• Woodpiles are stacked away from the house.		
• Branches hanging over or touching the roof are trimmed back.		
Your Total		

Your Grade:

53 “yes” answers - Your Grade:A - “You should be a firefighter! Incredible”.

47 to 52 “yes” answers - Your Grade: B - “Excellent! Just a few safety improvements to make”.

41 to 46 “yes” answers - Your Grade: C+ - “Getting there, but there’s definitely room for improvement”.

40 and under - Your Grade: C - “You have some serious safety work to do. Make this a propriety”.

MESSAGES FROM THE MOUNT ROYAL COMMUNITY ASSOCIATION OFFICERS AND DIRECTORS

ANNUAL GENERAL MEETING

Wednesday, November 17 at Mount Royal Station.
Meeting at 7:00 pm followed by wine and cheese.

To be discussed:

1. The year 2010 in review;
2. What we have in store for 2011;
3. Financial Report;
4. Volunteer and election of officers and directors.

MOUNT ROYAL ANNUAL COCKTAIL & DINNER PARTY (Including a "Dessert & Dance Extravaganza")

Make new friends, mingle with old friends;
All in the comfort and company of Mount Royal homes and neighbours:

- **Cocktails & Appetizers:** 5:30–7:00 pm at one house.
- **Dinner:** About 7:15 pm, break into groups of 8 or 10 at various houses.
- **Dessert & Dancing:** Wind up the evening at the "Dessert & Dance Extravaganza".

Book your Ticket or ask about Hosting Opportunities:
Mary Lou McCormick 403-244-5152

MOUNT ROYAL NEWSLETTER

Note: Next newsletter February 2011

DEADLINE FOR SUBMISSION
WINTER/SPRING ISSUE—JANUARY 12, 2011

newsletter@mountroyalstation.ca

FACILITY BOOKING

Did you know that members of the MRCA can rent Mount Royal Station?

This spacious, yet cozy venue has a full kitchen, hardwood floors and comfortable leather furniture. It might be just the place to hold your next neighbours' get-together, children's birthday, meeting, lecture or class.

The Station may be rented for half day, full day or evening. Rental rates are very reasonable: \$75 for half day (8 am till noon or noon till 4 pm), \$150 for evening events from 5–11 pm.

To find out more, contact Tina Dargan at:
facilitybooking@mountroyalstation.ca

MRCA OUTDOOR SKATING RINK:

Thanks in advance to Sean Kehoe who plans to build our skating rink again this year. All members are invited to enjoy this wonderful winter addition to our facility.

It's Fun To Be On The **M·R·C·A**



MRCA Volunteers Needed!!

There are several opportunities for board members (including Secretary, Membership, Crime & Safety, Newsletter) as well as other volunteer roles.

“Get Involved!”

“Make a Difference!”

Have some decision making and input into what goes on in your community!

For more information, call Mary Lou McCormick at 403-244-5152 or come out to the AGM on Wed, November 17, 2010.

Support Public Education in Election 2010



- Volunteer on a trustee candidate's campaign
- Attend a Trustee Forum
- VOTE on October 18th!

cbe.ab.ca/trustees/elections.asp
403-294-8259 or mmmalcolm@cbe.ab.ca

Calgary Board of Education
Proud past. Bright future.
Public education since 1885.

Alberta Diabetes Foundation 2010 Halloween Howl

Race Date: October 23, 2010
Warm Up: 9:30 a.m.
Start Time: 10:00 a.m.
Events: 3km and 5 km Fun Run/Walk and 10km Run
Location: Eau Claire Market, Calgary, AB

Costumes are welcomed and encouraged! Prizes will be awarded for the best individual and group costumes!


To register please visit:
www.events.runningroom.com/site/?racelid=5465
 OR complete a registration form at any one of the Running Room locations around Calgary.

All funds raised at the 2010 Halloween Howl will go directly to the many vital diabetes research projects taking place in the province of Alberta.




Voting is good. Informed voting is better.


Citizens' Mayoral Forum
Wed., Sept. 29, 7pm
 MacEwan Hall, U of C

presented by  **STUDENTS' UNION**
UNIVERSITY OF CALGARY

To pick the candidate questions or for more details visit **CivicCamp.org/2010Election**



CivicCamp is a non-partisan, public advocacy group, enabling citizens to engage in creating a city that works for us all.



CALGARY POLICE SERVICE

CLO
 (Community Liaison Officer)

LOWER MOUNT ROYAL – residents should contact District Constable Davies 403 567 6100
 LOWER MOUNT ROYAL – residents should contact District Constable Courte 403 567-6200
 for police issues, vandalism etc.

CRIME STATISTICS are current and are placed on the City of Calgary Website and can be found at the following address:
www.calgarypolice.ca/news/stats_community.html



DAVE TAYLOR
MLA, CALGARY-CURRIE

Hello everybody. Recently I called on the Alberta Government to begin a conversation with Albertans on a Poverty Reduction Strategy for Alberta...and they listened.

On September 15th I met with fellow members of the Standing Committee on the Economy in Edmonton. Our goal was to work on finalizing recommendations on minimum wage policy changes for the province.

However, in order to begin to understand the root causes of poverty in Alberta, I called for the development of a Poverty Reduction Strategy. Members of all parties voted unanimously in favour of a made-in-Alberta solution.

Adjusting the minimum wage may serve some Albertans for a while, but the underlying issue of poverty must be addressed if we want to make a difference over the long term. In Calgary alone there are 4,000 homeless and 140,000 people living in poverty, of whom 90,000 are working poor. Without a strategy to look at the issues facing these people matters will only worsen.

Seven provinces and all three territories in Canada have already implemented or are constructing a Poverty Reduction Strategy, and Alberta is finally ready to join them.

It was a big day for Alberta, one that the province can be proud of and one that we can look back on as the day we came together to create an Alberta where everyone succeeds.

“Recommending this strategy has the potential to impact the lives of hundreds of thousands of Albertans experiencing poverty and the committee is to be congratulated for taking the bold step to providing real solutions that will address the root causes of poverty and not just the symptoms,” says Dan Meades, Director, Vibrant Communities Calgary.

Vibrant Communities Calgary is a non-profit organization that works collaboratively with various stakeholders and partners, seeking to engage Calgarians and to advocate for long-term strategies that address the root causes of poverty in Calgary.

As always, please keep in contact with the Calgary-Currie office,

Dave Taylor, MLA
Calgary-Currie
www.davetaylormla.com
Tel: 403-246-4794



LEE RICHARDSON
MP CALGARY CENTRE

Cracking down on Criminals...

Our Government is committed to preventing crime and protecting Canadians. Below are just a few examples of what we are doing to make Canada an even safer place to live.

Repealing the Faint Hope Clause...

Offenders who commit murder will no longer be eligible to apply for early parole and will have to serve their full sentence. In the case of first degree murder the offender would have to serve at least 25 years before being eligible for parole.

Targeting Gangs and Organized Crime, Bill C-14...

Through tough, responsible action against criminal organizations our Government is working to keep Canadian streets safe and secure. Since Bill C-14 became law any murder that is connected to organized crime automatically becomes a first-degree charge. Therefore anyone convicted now faces a mandatory sentence of life imprisonment without eligibility of parole for 25 years. This Bill also creates harsher punishments for offenders who use weapons and injure Police Officers.

For more information please visit: www.justice.gc.ca

Tamil Refugee Claimants...

The arrival on our western coast of the freighter “MV Sun Sea” has focused the attention of Canadians on a growing concern: Canada is becoming an international target for human smugglers, human trafficking and phony refugee claimants.

These are crimes and cannot be tolerated. Not only is human smuggling illegal and dangerous, it also victimizes refugees who seek to come to Canada by legal means.

Canada has always honoured our obligation under International Convention to protect the oppressed and has accepted our fair share of legitimate refugees with compassion and generosity – a beacon of hope in a trouble world.

Regrettably, our good will has been taken advantage of and abused by too many illegitimate refugee claimants who have relied on the Canadian Charter of Rights and Freedoms supported by sympathetic Courts to “jump the queue” and “beat the system.”


As Parliament resumes this Fall, your government is introducing stronger, more effective legislation to protect our borders and prevent these abuses.

Canadians have had enough!

I welcome your views and support in the upcoming debate over this new legislation.

Lee Richardson, MP
Tel: 403-244-1880
Email: Richardson.L@parl.gc.ca

Senior High Mathematics



2039-41 Ave SW
Calgary, Alberta
T2T2M2

Linda Flock
Mathematics Teacher / Tutor

4032871609 (home)
4038072866 (cell)
lmflock@cbe.ab.ca or linda.flock@hotmail.com

C-3 Computer Solutions
Home/Small Business Computer Support & Repair,

Chad Ptasinski
Mobile Service

403-971-9425
wick@shaw.ca



Calgary Clay Arts Christmas Sale
Saturday and Sunday—NOVEMBER 6-7, 2010
10:00 am - 4:00 pm
Mount Royal Station, 2317 10 Street SW, Calgary

For more information, contact **Connie Ptasinski**
connieptasinski@hotmail.com or phone 403-245-3038

*Unique, beautifully made, and top quality pottery
made by local artists and at great prices!*




Ovarian Cancer Canada
Cancer de l'ovaire Canada



**ONLY 4% OF
CANADIAN
WOMEN...**

...can identify a list of the
most common symptoms
of ovarian cancer.

Are you one of them?

Get curious – find out more

Visit www.ovariancanada.org
1-800-749-9310

Genesis Fine Art Furniture
Custom Cabinetry and Furniture
Residential and Commercial
To Meet Your Needs
(403) 730-7676

Executive Rental Opportunity
\$2,900 per mo. On Vercheres St. Available immed.
1500 sq ft + developed lower, 3 bedrooms, 2 full +
½ bath. Updated character home. Double garage.
Fenced yard. Call Reina at 403-875-4157

INN FROM THE COLD — “PLAYING FOR CHANGE” CONCERT
8:00 PM, Wednesday, October 13, 2010
MacEwan Hall, University of Calgary
Tickets: \$35/each www.innfromthecold.org
Information: events@innfromthecold.org

Join “Inn from the Cold” for an evening celebrating our community’s commitment to ending homelessness, featuring international musical sensation **Playing for Change**. This world-renowned multimedia movement joins people together to bring peace through music. Be part of the phenomenon!

House Sitting

*I am a female,
university graduate, MBA
candidate, and working
professional, who is
clean and reliable.*

*I love animals and will take
excellent care of your property
while you are away.*

*If you are interested in meeting
with me please call
403-681-6608.*

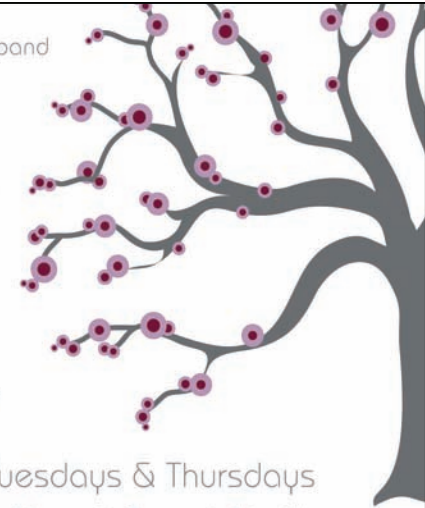

root connect expand

**sūkha
yoga**

- Classical Hatha Yoga
- Meditation
- Small Group Classes
- Beginners and Experienced Practitioners Welcome

Yoga Tuesdays & Thursdays
at the **Mount Royal Station**

www.sukhayoga.ca
(403) 589-5727

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Sheri MacMillan, Senior Trust & Estate Practitioner, President of MacMillan Estate Planning Corp. and Host of The Strongroom on QR77

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Uncle Sam may have a few unpleasant surprises for the unprepared. Spending too much time in the U.S., owning a U.S. vacation property or U.S. investments, even within a RRSP/RRIF, may result in an excessive U.S. tax liability. Fortunately, utilizing specific estate planning mechanisms may minimize U.S. estate tax.

Contrary to the United States, Canada does not have a formal estate tax. However, when Canadian residents pass away, they are deemed to have disposed of all of their worldwide assets at fair market value. Consequently, a Canadian resident who owns U.S. real estate or investments may have a large "deemed" capital gain in addition to a U.S. estate tax liability. The combination of Canadian tax and U.S. estate tax could significantly reduce an inheritance's value.

Ultimately, your assets both inside and outside of Canada require careful planning. In order to avoid paying unnecessary tax, it is vital to use the most qualified experts available. Always consult with a professional who specializes in U.S. estate tax to ensure you are properly protected.

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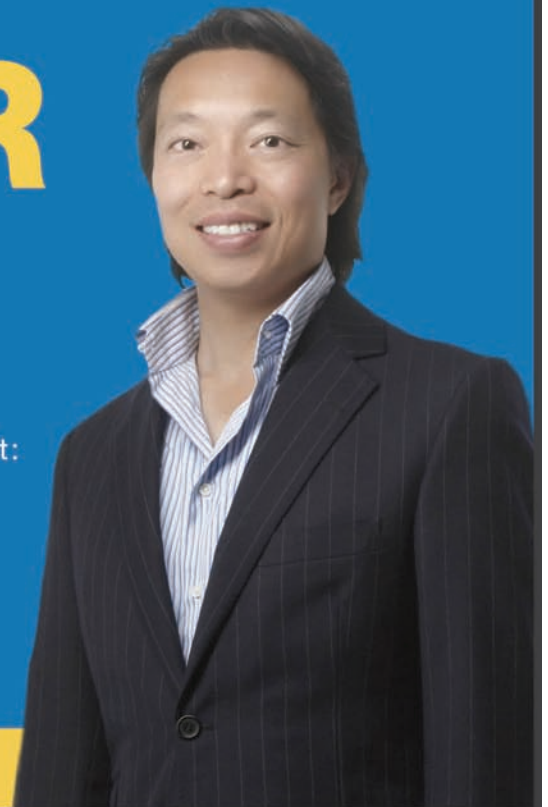
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tennis@mountroyalstation.ca

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Interested in Volunteering? Yes No

TOTAL \$ _____