



# MOUNT ROYAL COMMUNITY NEWSLETTER

2317, 10 Street SW, T2T 3G7

APRIL • MAY 2009

## PRESIDENT'S MESSAGE

Let me come clean on one thing. I tried very hard to get David Weyant to write this message. For those of you who don't know David, he is a MRCA Past-President and during his term he wrote some truly hilarious and fabulously irreverent messages to the community. My, and your, bad fortune that David's day job is keeping him too busy to help me make you laugh.

The Board and I would like to let you know that 2009 marks the 75th Anniversary of the Mount Royal Community Association. The community association was incorporated on January 24, 1934. Now, I don't know by whom or anything else at this point. But I understand that some of those early papers about our incorporation may be archived at the Glenbow Museum and we might be able to learn a bit about what they were thinking. Although, I doubt they could have foreseen the dilemmas of traffic, the adjacent skyline, or the current level of property tax. Maybe I will ask my good neighbor, Steve Dundas-Smith, who works at the Glenbow, who we should ask about revealing a bit of Mount Royal history. Steve, if you are reading this...

We are looking for a few interested residents to form a 75th Anniversary Committee. It would be the Committee's responsibility to develop and implement a plan to commemorate this important year. Maybe it would involve planting trees, new gardens at the clubhouse, or more playground equipment at the park. These are just some thoughts. If you are interested in helping out with this special opportunity, please call me. I would love to hear from you.

We are kicking off one idea for the 75th Anniversary in this newsletter. It is called "75 Reasons to Love Mount Royal". In each of the 4 newsletters published this year, one page will be devoted to residents' thoughts as to why they love the neighborhood. We hope through the year to collect at least 75 and then, those reasons will be inscribed on a plaque and installed at the Clubhouse at the 2009 AGM in November. So, please e-mail the reasons you love Mount Royal to me at [president@mountroyalstation.ca](mailto:president@mountroyalstation.ca). Look to page 2 for inspiration.

I don't recall a President's Message that didn't beg, beseech, and implore each and every one of you to drop whatever you are doing... (.oh, you are reading the newsletter...don't worry, it's quite good, but it can wait)...and go get your chequebook, and write out your community association membership cheque. Here, I can't differ! Please, go now and write a cheque to the MRCA for 45.00! Think how much work you will save our membership committee... a small, yet hardworking, and devoted group of people who really don't want to have to ask some of us or any of us to go door-to door for this purpose!! What would be harder to do? Write your cheque now or tell Denise Ross that you don't have the time to canvass your street for memberships. We know that you want to join, you intend to join... it has mostly been an issue of not having a stamp or knowing where a mailbox is...we will solve this by coming to your house and picking up the cheque. That's right! All you have to do is write it and put it in your own mailbox! Then e-mail us at and we will pick it up with in 48 hours. Does it get any easier? If you know how to make it easier, please join the membership committee.

Thanks to the newsletter committee and the board members who helped create the first newsletter of our 75th year.

Jane Perry

### IN THIS ISSUE:

75 Reasons .....	2
Abandoned Shopping Carts .....	3
Child & Youth Friendly Calgary .....	3
Worldskills Calgary.....	4
Senior Men's Slow Pitch .....	4
Mount Royal School.....	4
Christ Church.....	4
Community Safety Committee.....	5
Messages . . Officers & Directors .....	6
Alexander Calhoun .....	8
Tennis .....	9
Lee Richardson .....	10
Community Liaison Officer.....	12
Yoga at the Station .....	13
Snip and Scrub .....	14
Membership Form .....	16



<b>OFFICERS</b>	<b>Term NOV 2008 to NOV 2009</b>
President	Jane Perry president@mountroyalstation.ca
Past-President	Gerry Erlam pastpresident@mountroyalstation.ca
Vice-President	Jane Keyser vicepresident@mountroyalstation.ca
Secretary	Glenda Campbell secretary@mountroyalstation.ca
Treasurer	Charlene Anderson treasurer@mountroyalstation.ca
<b>DIRECTORS</b>	<b>Term NOV 2008 to NOV 2009</b>
Membership	Denise Ross, Laura Shewchuk membership@mountroyalstation.ca
Newsletter	Marsha Hales, Barb McNamara newsletter@mountroyalstation.ca
Community Development	Michael Evans, Peter Haley development@mountroyalstation.ca
Traffic	Kuno Ryckborst traffic@mountroyalstation.ca
Community Events	Mary Lou McCormick, Janet St. Germain events@mountroyalstation.ca
Facilities	Tina Dargan facilities@mountroyalstation.ca
Facility Booking	Dagmar Jamieson facilitybooking@mountroyalstation.ca
Crime & Safety	Dave Winter crimeandsafety@mountroyalstation.ca
Urban Forest	Charlene Prickett

### **MOUNT ROYAL COMMUNITY NEWS**

Editor newsletter@mountroyalstation.ca

Layout Design Carolyn Munnoch, B.Des.

For Advertising, Inquiries or Submissions contact  
newsletter@mountroyalstation.ca

Ad submissions are included at the discretion of the  
Communications Director. All ads MUST be submitted in  
jpeg, eps, tiff, pdf or ai files. Microsoft Word documents  
are not acceptable!

### **NEXT ISSUE (SUMMER 2009)**

Deadline for Submission - May 12, 2009  
Mount Royal Community News  
is published four times a year.

Advertising Rates (Prepayment Required)

\$50	business card 3.6" w x 2" h
\$75	1/4 page 3.6" w x 4.5" h
\$300	1/2 page 7.6" w x 4.5" h

2

## **75 REASONS TO LOVE MOUNT ROYAL**

Here we are in April already, so we have to get busy and get this list growing! To pay tribute to our 75th year as a community association, in each of the four newsletters of 2009, one page will be devoted to residents' views and comments about why they love the neighbourhood. Help us AT LEAST reach 75! Here are the first, oh, let's say 15, 16 . . . no, for now let's just forget about counting how many different reasons there are and just enjoy what people have written. Many thanks to all of you who took the time to ponder and share!

### **MARCH 7**

- I love MR for many reasons . . . character of housing, convenience to much of what is important in my life and community of caring people . . . are all important. But most of all . . . I love the 'hood' because for me it's now, and always will be, home. *Brett Wilson*

### **MARCH 9**

- to be within walking distance to downtown, having a field in our backyard and of course the people! *Karen Horner*

### **MARCH 10**

- I love that Mount Royal provides an interesting and diverse neighbourhood to walk around in the middle of the city. *Megan Cornhill*
- walking downtown to work, thereby getting fresh air, exercise and saving on the high costs of downtown parking - the beautiful overhanging elm trees on Frontenac Ave. on a blue sky wintery day when they are covered with frost and in autumn they are equally as stunning with colored foliage *John McCormick*
- I have fond memories of walking to the Calhoun library as a family, with the kids in the wagon and or stroller on a pleasant Saturday afternoon. Now, as an empty nester, I love to saunter down to 4th St. or 17th Ave. for a latte or casual dinner with my husband. I love the quick accessibility to so many parts of the city, ie. can zip over to Crowchild to head north or south, downtown to Memorial and Deerfoot Tr and McLeod Tr is minutes away too, we are so central! I love the fact there is much green space and several parks within the community itself, plus the preponderance of large mature trees. I love the fact there are larger properties allowing for space between the houses which provides for less density. *Mary Lou McCormick*
- #1 reason, the drop-in-on-your-neighbours mentality! Impromptu gatherings often lead to cocktails that turn into dinner, small town living on the edge of the big city. Love it! *Tom and Kathy Pinder*
- I love being in the centre of the city where we can walk to work, walk to dinner or shop, and are surrounded by wonderful people who care about their community. I love Mount Royal for its diversity of housing styles. I love Mount Royal for its beautiful gardens and trees in the summer and the Xmas lights in the winter. I love that families stay in the same house for generations, I know that I won't be leaving soon. I love that I can see a coyote walking down the street and rabbits hopping about in the middle of a large city. *Barbara Ross*

We hope that you will add your reasons to the list by forwarding them to :  
newsletter@mountroyalstation.ca, by May 12, 2009

SPRING 2009

Mount Royal Community Newsletter

# Milestone Award



1 9 3 4 - 2 0 0 9

Congratulations

*Mount Royal Community Association*

on the occasion of your

*75<sup>th</sup> Anniversary*

in improving neighbourhood life in Calgary



*Leslie Evans*  
\_\_\_\_\_  
LESLIE EVANS,  
EXECUTIVE DIRECTOR

2 0 0 9  
DATE



THERE ARE HOUSES,  
AND THEN THERE ARE MISSION HOMES.

For those who value details, materials and livable architecture, the distinction couldn't be more clear. A Mission Home is more than a house – it is beauty and sophistication defined, and a haven for homeowners who believe a wonderful life deserves an equally wonderful setting.

View our online gallery at [MissionHomes.ca](http://MissionHomes.ca), or  
call 403.242.4218 to arrange a personal consultation

EXCEPTIONAL ESTATE HOMESITES AND  
CUSTOM BUILDING OPPORTUNITIES NOW AVAILABLE

VISIT OUR ALTADORE SHOW HOME  
1909 48TH AVENUE SOUTHWEST  
OPEN WEEKENDS, NOON - 5 PM  
WEEKDAYS BY APPOINTMENT



# 2009-2010 SCHOOL CALENDAR CHANGE

## WORLDSKILLS CALGARY '09

As you know, the Calgary Board of Education prepares the school calendars three years in advance to help staff and parents and their families plan ahead. The Minister of Education has requested that school boards begin the school year three days earlier to accommodate the WorldSkills Calgary 2009 competition, to be held in Calgary, September 1-6. After careful consideration of the benefits, Superintendents' Team, with support from the CBE's union leaders, have approved a change in the dates for the 2009-2010 school year.

This means that the first day for students on the Traditional Calendar will be Thursday, August 27, 2009. There is no change to schools on the Modified Calendar.

It also means that the three Teacher-in days begin on Monday, August 24, 2009.

To make up for these three days, Superintendents' Team has approved three "payback days" over the course of the school year. They are:

- Tuesday, October 13, 2009 (classes resume October 14)
- Monday, January 4, 2010 (classes resume on January 5)
- Tuesday, April 6, 2010 (classes resume on April 7)

This will add one day to the Thanksgiving weekend in 2009, one day to the winter break, and one day to the spring break.

The change in the calendar will facilitate a once-in-a-lifetime experience for many CBE students to see the best of the best from around the world compete in trades and technology at WorldSkills Calgary 2009 and perhaps inspire many of our students to explore careers in these areas.

The revised calendar is available on the CBE website, under Schools and Areas and can be reached through this link:

<http://www.cbe.ab.ca/calendars/PDF-Docs/2009-2010-Traditional.pdf>

Make sure you note these dates in your own personal calendar.



# SENIOR MEN'S SLOW PITCH SOFTBALL NOTICE

The Calgary Men's Slow-Pitch Softball League would like to notify all men over the age of 55 of the opportunity to play slow pitch softball. We are members of the Alberta Senior Citizens Sport and Recreation Association (ASCRA). The League consists of three divisions. The recreational ("A") division play Tuesday, Wednesday and Thursday starting at 10 am in the Triwood community area. Sport and competitive ("AA" and "AAA") play Tuesday, Wednesday and Thursday evenings starting at 6 pm at the same location. Each team plays twice each week from May through August. For more information go to: <http://grandslamslopitch.com/index.html> or call 403 681-4606 after 6 pm.

## MOUNT ROYAL SCHOOL

We have had a busy winter and spring looks like it will be busy as well. Interscholastic badminton will be starting soon. Our annual Teen Conference will be held April 1st followed by a dance that evening. The Teen Conference offers students presentations about topics that are meaningful to them. We are thankful for the tremendous support we receive from agencies and parents that allow us to provide this for students. Our Open House was held on March 5th with students touring in the morning with the evening session being for both students and parents. If you missed this opportunity and would like to have a tour with your student, please call the school.

## CHRIST CHURCH

### YOUTH TO HEAD BACK DOWN YONDER TO NEW ORLEANS

This July, the Christ Church Youth Group will sponsor a Katrina recovery mission to New Orleans. The group anticipates working with disaster recovery groups from the Episcopal Church and the New Orleans Recovery School District. Last summer, youth from Christ Church helped rebuild several houses. Then, as Hurricane Gustav approached, they joined in efforts to batten down several schools. In addition to working in the recovery effort, the group will have opportunity to study the very different and distinct culture of New Orleans. The group plans to depart Calgary on July 9 and return on July 18 (before hurricane season begins in earnest). If you are interested in supporting (or joining) them in their mission, please, contact Lindsay McCormack, Youth Ministry Coordinator, at Christ Church (403) 243-4680, ext. 32.

### 3RD YEAR BUSINESS STUDENT

available for April - September

- House & Pet Sitting
- Landscaping
- Lawn Maintenance
- Deck Building
- Fence Installation

email: [napper.colin@gmail.com](mailto:napper.colin@gmail.com)

# MESSAGES FROM THE MOUNT ROYAL COMMUNITY ASSOCIATION OFFICERS AND DIRECTORS

## VERY BIG, "THANKS", GO TO

- Sean Kehoe and Dale Dickson for the hours of care and attention they give to the maintenance of our ice rink.
- Charlene Prickett for her steady efforts to remove unsightly graffiti, and illegal signage, found within the neighbourhood.
- Tina Dargan and Howard Perry for cleaning out and organizing the storage rooms at the Mount Royal Station.
- Tina Dargan, Marsha Hales, Peter Haley, Alexis Haliburton, Barb McNamara, Denise Ross, Laura Sewchuk, Susan Walch and Dave Winter for offering to assist the returning volunteer officers and directors for the 2008-2009 term.
- Jane Perry for assembling GRAFFITI/SIGN REMOVAL KITS for MRCA members.

*After April 1, 2009, Mount Royal Community Association members can contact Jane Perry if they would like to pick up a Graffiti/Sign Removal Kit!!!!president@mountroyalstation.ca*

## LOOKING FOR VOLUNTEERS

- Two active moms to organize a MOMS AND TOTS PLAYGROUP in the neighbourhood.  
Contact Jane Perry at president@mountroyalstation.ca
- Anyone who would be interested in being a member of the Mount Royal Community Association's 75th Anniversary Committee.  
Contact Jane Perry at president@mountroyalstation.ca
- A photography enthusiast to provide the newsletter with pictures of Mount Royal events and activities.  
Contact Marsha or Barb at newsletter@mountroyalstation.ca

## FUN AND FRIENDSHIPS

Upon moving into the community 20 years ago, I was impressed by the friendliness of neighbors but also by the enthusiasm of some for their involvement in the community association. A major social and fundraising event "back then", was the annual carnival and BBQ at the community center (now Mount Royal Station) This day was totally fun- filled with children's activities and a dinner for adults later in the evening. There were pony rides, games, great food, tents in case of rain, and even a silent auction fund raiser. Naturally the number of volunteers needed was quite substantial but it was a committed group who believed in fun and wanted to instill/ augment the sense of community. I know for a fact that many solid friendships were created that remain strong and deep to this day, as a direct result of working together and feel fortunate to have been "recruited" into the band of volunteers for this particular event. My life has certainly been enriched by the people I met and the relationships that were established.

From that point on, there were many more opportunities in the neighborhood for participation that my family became involved in, i.e. building the playground, canvassing for community memberships, fundraising for the building of the new community building, organizing the summer day care park program, hosting for the Progressive Dinner, holding a position on the MRCA executive, etc. etc.

The point I want to make is simple: GET INVOLVED and you will be never regret it! To find out more about what area you might have an interest in, call me and I would be happy to speak with you.

*Mary Lou McCormick (403-921-1458) Community Events Committee*

## M.R.C.A. MEMBERSHIP: STAY INFORMED, BE INCLUDED, GET INVOLVED IT'S YOUR NEIGHBORHOOD!

There are three important things on my mind (likely more but three is a start). How do we keep everybody in Mount Royal aware of security issues, traffic concerns, and social events? How do we increase our membership? How do we renew existing membership?

Essentially the answer to all three is quite easy but I need your help. It won't take much of your time at all. At the back of this newsletter there is a member sign up sheet with room to put your E-mail address. Fill it in and drop it off (with a cheque) in the Mount Royal Stations mailbox. Whenever something really important comes along like a security issue, crime prevention ideas, vandalism problems, fun social events or simply the dates for the next Progressive Dinner Party, we will let you know. Remember, we will only notify you of things that matter to you as a neighbour and friend in Mount Royal.

We won't bug you about your membership fee too often (well, maybe once a year!). This membership fee is important because it helps maintain the facilities, run the clubhouse and playground, allows you to use the tennis courts and funds some of our social events. But most importantly as a member of the MRCA we will keep you informed!

Since the Mayor proclaimed that March 2009 was Community Association Membership Awareness Month, we should set a goal. Our existing membership stands at 200 'ish - let's shoot for 550 paid memberships by the June B.B.Q.!

*Denise Ross, Membership Committee*

# COMMUNITY SAFETY COMMITTEE

The Mount Royal Community Association has formed a Community Safety Committee to look at resident driven solutions to tackling the rising crime in the Lower and Upper Mount Royal neighbourhoods. Dave Winter will head the new committee.

## THE COMMITTEE WILL HAVE A NUMBER OF IMPORTANT ROLES:

It will be the principal MRCA liaison and contact with Police, Alderman, Bylaw Officers and City regarding community safety and crime. We are aiming to have a series of community meetings to increase awareness of anti-crime and safety issues, and to promote a community self-help involvement to which we will invite our community liaison police officers and bye-law officers. We will advertise these on the website and in the newsletter so watch out for the dates and please attend and provide your input.

We will co-ordinate with neighbouring Community Associations to focus lobbying of the City, Alderman John Mar, and the Police to ensure our voices and input are heard regarding safety in our neighborhoods. Many of the issues we face in Mount Royal are shared by our neighbours in Cliff Bungalow, Mission, Bankview and Inglewood. We have joined a recently formed Coalition of Inner City Communities so that community action and co-ordination with the police can be co-ordinated and focused.

The escarpment between Mount Royal and Cliff Bungalow is one of our key concerns this year and we will be working closely with the Cliff Bungalow Community Association and the City to address the problem of the park area being increasingly used by campers, drug dealers, and other criminal elements.

You are aware of the growing amount of graffiti on road signs, walls, post boxes etc. Graffiti is vandalism. It costs money to remove, and promotes a poor image of the community, and is related to other vandalism and forms of crime. Graffiti is easily removed, and by doing so promptly shows that the Community cares about its environment, and deters further graffiti vandalism. Charlene Prickett has written an excellent article in this newsletter about graffiti removal which I encourage you to read. We would also encourage residents to volunteer to remove graffiti from their blocks. Please contact the Community Safety Committee if you would like to help us.

We aim to produce a neighbourhood safety newsletter to communicate safety and crime issues to the community. If you have any issues you would like to raise then please contact us.

## WHAT CAN YOU DO TO MAKE OUR COMMUNITY SAFER?

We want to work with all stakeholders in our community to enhance safety and security in our neighbourhoods for all of our residents, businesses and visitors.

## WE NEED YOUR CO-OPERATION AND INVOLVEMENT HERE ARE SOME OF THE THINGS YOU CAN DO TO HELP:

1. It is imperative that all suspicious behaviour is reported, even if you think that it is a waste of time, or the Police will not respond in time. If you do not report it then the Police will not be able to record it and Mount Royal will be low down on their list of priorities. Report and the Police will become more aware of the extent of rising crime in both Lower and Upper Mount Royal.

For Emergencies call 9-1-1, for non-emergencies call (403) 266-1234

2. The City has its graffiti removal initiative and graffiti should be reported by dialing 3-1-1. Read Charlene's article and volunteer to clean graffiti from your block.

You can contact the Community Safety Committee on [crimeandsafety@mountroyalstation.ca](mailto:crimeandsafety@mountroyalstation.ca)



**PLAY BALL**  
with  
*Calgary*  
Rocky Mountain  
LITTLE LEAGUE

- Baseball programs for kids aged 5 – 18
- Register online today!
- Umpires & volunteers needed
- All skill levels welcome

Visit [www.crml.com](http://www.crml.com)

# Bylaw Bulletin

[www.calgary.ca/animal services](http://www.calgary.ca/animal services)

## ABANDONED SHOPPING CARTS

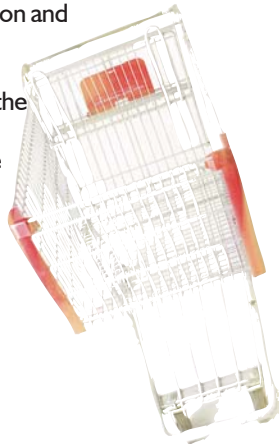
### A GROWING CONCERN

Shopping carts. They seem harmless enough, but they are at the centre of a growing problem that is impacting both the safety of our citizens and the appearance of our communities. Abandoned shopping carts are problematic for several reasons: they accumulate litter and their presence encourages the illegal dumping of other unwanted materials like mattresses, old furniture and garbage. They also roll into the roadways and alleyways causing traffic obstructions. If not removed, these abandoned carts can lead to increased crimes like vandalism, graffiti and petty theft, which make people feel unsafe and have a negative impact on the community as a whole.

Abandoned shopping carts left lying around in communities are an example of the broken windows theory. The theory is based on studies showing that small infractions like litter, graffiti, broken windows, abandoned shopping carts and other petty nuisances leave the impression that no one cares. This in turn encourages the migration of more serious criminal behaviour into the community.

Currently, under the Street Bylaw, citizens are prohibited from removing carts from the parking lot of the retail outlet or business. Business owners must ensure that the name of their retail outlet or store is displayed on each shopping cart for identification purposes. They are also responsible for retrieving carts that have been taken and abandoned in the community.

To prevent this issue from escalating, citizens can take an active role in solving the problem. If you see an abandoned shopping cart, look at the handle of the cart for the name of the business, inform the business of the cart's location and remind them of their responsibility to retrieve the cart. If the business is uncooperative and does not retrieve the cart within a few days, you can phone 3-1-1. With the help of Calgarians, we can prevent this issue from escalating into a more serious problem and we can keep Calgary a safe and vibrant community for all of us.



THE CITY OF  
**CALGARY**  
ANIMAL & BYLAW SERVICES

## CHILD & YOUTH FRIENDLY CALGARY

Its that time of year again! Child & Youth Friendly Calgary is calling for nominations from the community for our Youth of Distinction Awards. Does your community association have a great youth volunteer or a young leader doing great things in your community? We invite you to send in a nomination! Please feel free to share this information with your networks, or include details in your newsletters for those people living in your community. The nomination deadline is April 6.

If you know a youth aged 13 to 18 who should be recognized for their contributions to your community, please consider nominating them for an award. The awards are non-academic, but rather recognize outstanding contributions in areas such as volunteerism, leadership, perseverance, peer support, environmentalism and activism. Nomination forms and more information can be found on our website at: [www.cyfc.ca](http://www.cyfc.ca)

For more information, please contact Child and Youth Friendly Calgary directly at 403-266-5448 or online at [www.cyfc.ca](http://www.cyfc.ca)

Thanks,  
Becky Scheer  
(on behalf of Child & Youth Friendly Calgary)

## blue cart recycling

2009 collection start dates

S.W. April 21 – 24

S.E. May 12 – 15

N.W. June 9 – 12

N.E. June 30 – July 3



Blue Cart collection begins and continues on your regular garbage day.

Protecting what's precious.  
Since 1875

[calgary.ca/bluecart](http://calgary.ca/bluecart) | call 3-1-1

THE CITY OF  
**CALGARY**  
WASTE & RECYCLING SERVICES

# ALEXANDER CALHOUN



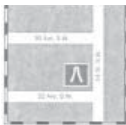
## BRANCH LIBRARY

3223 14 Street, S.W. Phone: 221-2010

Monday - Thursday 10 am - 9 pm

Friday and Saturday 10 am - 5 pm

Sunday 12 noon - 5 pm



**Connect to your community register for free  
Alexander Calhoun Library programs today!**

New program guides will be available towards the end of April. Registration for Spring and Summer programs will begin on Monday, April 27. Registration can be done online at [calgarypubliclibrary.com](http://calgarypubliclibrary.com), by phone at 403-260-2620, or in person at any branch. Programs are free with your current library card. Register now for these programs:

### MICROSOFT OFFICE FOR CYBERSENIORS

Learn how to save and print a document, create a spreadsheet, and build a slide show (Word, Excel, and PowerPoint).

Prerequisite: CyberSeniors.

Ages 50 and up

Fridays, April 17 to May 1

10 am - 12 pm

### BABY AND YOU FOR MOMS

Topics include infant crying, sleeping, toys, games, health, nutrition, and community resources. Presented by Alberta Health Services. Register by calling 403-781-1450.

Ages 2 to 9 months with a parent/caregiver

Fridays, April 17 to May 8

10:30 am - 12:30 pm

### HOMEBOUND READERS

Customers who are unable to visit the library due to illness or disability can arrange to have a library volunteer regularly select, deliver and exchange materials. This free service is available to customers who live in their homes, continuing care centres, auxiliary hospitals, or seniors' residences. To arrange homebound library service call 403-260-2702. Literacy is a vital life skill that touches us all. The Calgary Public Library offers a variety of free literacy programs for Calgarians of all ages.

### NEW ECO-FRIENDLY BAGS

The Calgary Public Library is playing their part in helping to make us a plastic bag free world—our rich purple eco-friendly bags can be purchased for \$1.25 at any of our locations.

### READ WITH ME / READ 'N ROLL

These more intensive support programs match struggling readers in grades one to six with an adult volunteer coach. Together, the pair follows a reading plan, meeting in their closest Library branch once a week. Registrations are normally supported by a classroom teacher referral. For more information call 403-260-2710.

### READING ADVANTAGE

The Reading Advantage program helps adults improve their reading skills to enrich their lives, promote lifelong learning activities and discover just how many ways to enjoy Calgary Public Library. Program participants are paired with volunteers who coach them on a one-to-one basis. Coaching sessions take about two hours a week and are held at the most convenient Library location for both coach and the participant. For more information or to register call 403-260-2729.

Refined Interiors + Guaranteed Exteriors  
Complimentary Consultations



**mango  
macaw  
painting**

Owner | Operator  
Rayman Joshi

403.891.3565

*Now booking for Spring & Summer '09 season!*

# TENNIS

The Mt. Royal Community Association is pleased to welcome Lance Faminow back again this year as our Head Tennis Pro. Lance has an extensive playing and coaching history in Calgary. He is a former nationally ranked junior and attended an American university on a tennis scholarship. Lance is presently a Senior Coach at The Tennis Academy, during the winter, coaching beginners through to nationally ranked juniors and adults. Lessons will commence in May. Spring group lessons are detailed below. Private, semi-private and pre-arranged group lessons are also available. For all availability and pricing contact Lance @ 403-370-1914.

## SPRING JUNIOR LESSONS (MAY)

### 4-6 years

Saturdays 1-2:30 pm  
May 9, 16, 23, 30.

### 8-12 years

Mondays/Wednesdays 4-5:30 pm  
May 4, 6, 11, 13, 18, 20, 25, 27

### 8-12 years

Saturdays 11 am - 1 pm  
May 9, 16, 23, 30

### 13-17 years

Tuesdays/Thursdays 4-5:30 pm  
May 5, 7, 12, 14, 19, 21, 26, 28

### 13-17 years

Sundays 11 am - 1 pm  
May 10, 17, 24, 31

## SPRING JUNIOR LESSONS (JUNE)

### 4-6 years

Saturdays 1-2:30 pm  
June 7, 14, 21, 28

### 8-12 years

Tuesdays/Thursdays 4-5:30 pm  
June 2, 4, 9, 11, 16, 18, 23, 25

### 8-12 years

Sundays 11 am - 1 pm  
June 7, 14, 21, 28

### 13-17 years

Mondays/Wednesdays 4-5:30 pm  
June 1, 3, 8, 10, 15, 17, 22, 24

### 13-17 years

Saturdays 11 am - 1 pm  
June 6, 13, 20, 27

## SPRING ADULT LESSONS (MAY)

### Beginners

Mondays/Wednesdays 6-7:30 pm  
May 4, 6, 11, 13, 18, 20, 25, 27

### Intermediate/Advanced

Tuesdays/Thursdays 6-7:30 pm  
May 5, 7, 12, 14, 19, 21, 26, 28

## SPRING ADULT LESSONS (JUNE)

### Beginners

Tuesdays/Thursdays 6-7:30 pm  
June 2, 4, 9, 11, 16, 18, 23, 25

### Intermediate/Advanced

Mondays/Wednesdays 6-7:30 pm  
June 1, 3, 8, 10, 15, 17, 22, 24

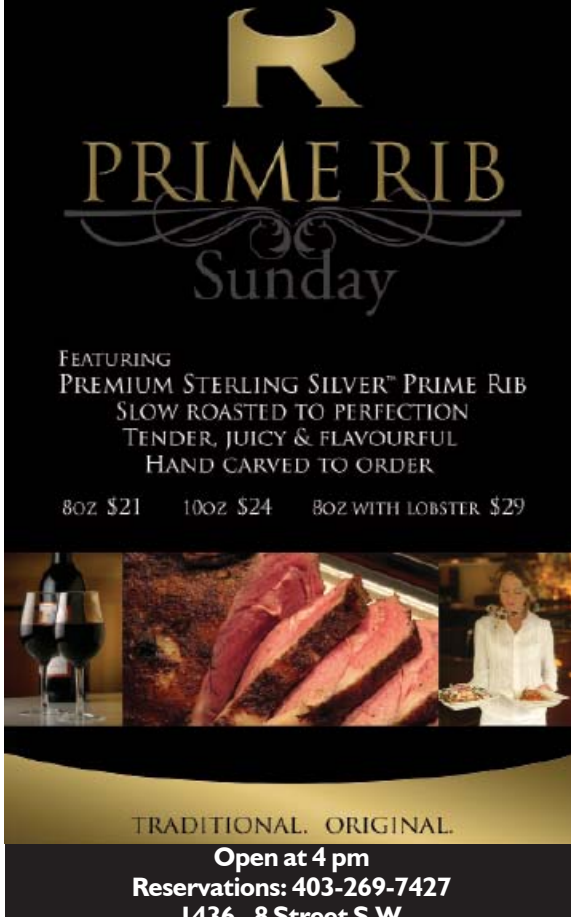
For information regarding summer camps and lessons including dates, pricing and availability please call Lance @ 403-370-1914. Leave a message clearly spelling your name, phone number and email address so that he can forward pertinent information.



**Marla Torgerson Vocals**  
Marla Torgerson - Soprano, BaMu

Professional Voice  
and Performance Coach

To help you decide if working with Marla is right for you,  
book a free 30 minute consultation. Ph|403-585-8696



**R**  
**PRIME RIB**  
Sunday

FEATURING  
PREMIUM STERLING SILVER™ PRIME RIB  
SLOW ROASTED TO PERFECTION  
TENDER, JUICY & FLAVOURFUL  
HAND CARVED TO ORDER

8oz \$21    10oz \$24    8oz WITH LOBSTER \$29

TRADITIONAL. ORIGINAL.

Open at 4 pm  
Reservations: 403-269-7427  
1436 - 8 Street S.W.



**Lee Richardson**  
Member of Parliament  
Calgary Centre

## TOUGH ACTION AGAINST CRIME...

While crime is a growing concern in our city, we are fortunate to have the leadership of Police Chief Rick Hanson, Alberta Justice Minister Alison Redford and our federal government working together in a positive, coordinated way to combat this scourge.

Last spring Parliament passed Bill C-2, the Tackling Violent Crime Act. Among other things, this legislation implemented new bail provisions which will keep those accused of serious gun crimes off the streets while awaiting trial.

This Government is continuing to move forward on its anti-crime agenda. In February Justice Minister Rob Nicholson introduced two new important pieces of legislation to help fight crime, Bills C-14 and Bill C-15.

### IF PASSED THESE BILLS WILL:

- Make murders connected to organized crime automatically first-degree, regardless of intent. (First-degree murder is subject to a mandatory sentence of life imprisonment without eligibility for parole for 25 years);
- Better address assaults against police and peace officers.
- Target drive-by and other reckless shootings, that involve the reckless disregard for the life or safety of others; and
- Provide for minimum penalties for serious drug offences

Constituents consistently tell me they want action on crime now and that is what we intend to deliver.

### CONTACT US...

Calgary Centre residents requiring assistance may contact my office by mail, phone, fax, e-mail or appointment. Our constituency office contact information is:

Lee Richardson, M.P.  
Suite 105, 1410 11th Ave SW  
Calgary, AB T3C 0M8  
Phone: (403) 244-1880  
Fax: (403) 245-3468  
E-mail: Richardson.L@parl.gc.ca  
Website: www.leerichardson.ca

**Comic Vision Calgary**

**WEDNESDAY, APRIL 29, 2009**  
Hotel Arts 119 – 12th Avenue SW  
Tickets \$100

**ORDER TICKETS ONLINE TODAY**  
[www.comicvision.ca](http://www.comicvision.ca)



### Share the Laughter and See the Hope

Canada's most anticipated comedy fundraising tour offers fun, laughter, and a great night out with friends, clients, and colleagues – while supporting the Foundation Fighting Blindness.

Cures are in sight! Visit [www.fffb.ca](http://www.fffb.ca) or call 1 800 461 3331

PROUDLY PRESENTED BY



The Foundation Fighting Blindness

a cure is in sight

**Organized With Style Inc**

**“Room to live your life!”**

I am a Professional Organizer who can bring order to your life, help you let go and bring you peace of mind.

Getting organized is not just about putting new systems in place, it also means changing the way you think.

I provide a set of hands and ideas on new ways of doing things to de-clutter your home.

**Call Christine (Chris) at 403-465-5166 or 403-243-4983**

**For a FREE consultation**  
[www.organizedwithstyleinc.com](http://www.organizedwithstyleinc.com)  
[organizedwithstyle@shaw.ca](mailto:organizedwithstyle@shaw.ca)  
**Member of (POC)**  
**Professional Organizers in Canada**

# YOGA AT THE STATION

## COME OUT AND TRY A CLASS

Tuesday April 14 and Thursday April 16

Registered sessions begin the week of April 21, 2009 for 10 weeks

Registered sessions are limited to 12 students per class and offer a unique, personalized training experience especially if you are new to yoga or you are looking to deepen your practice. Our aim is to nurture a sense of community by practicing yoga with your friends, neighbours and colleagues.

Please visit [www.sukhayoga.ca](http://www.sukhayoga.ca) for more information regarding the community classes and private and small group in home sessions. Or feel free to contact Jennifer directly at 403-589-5727.

### SPRING SESSION: (10 CLASSES)

#### Tuesdays, April 14 - June 23

9:30-11 am	Vijnana Mixed Levels	\$245
1:30-3 pm	Yin/Relaxation Yoga	\$245
5:30-6:30 pm	Yoga Nidra -Meditation	\$215
7-8:30 pm	Vijnana Mixed Levels	\$245

#### Thursdays April 16 - June 25

9:30-11 am	Vijnana Mixed Levels	\$245
4:30-6 pm	Vijnana Mixed Levels	\$245
7-8:30 pm	Vijnana Mixed Levels	\$245

Prices do not include gst.

### JENNIFER GOLDING

As owner and founder of Sukha Yoga, Jennifer weaves a powerful blend of experiences. She has provided private and small group yoga instruction and has organized international retreats focusing on lifestyle and personal growth workshops for Leisure and Corporate bodies. She was a member of the Leadership Calgary team in 2007 and has an eclectic background in yoga, meditation and personal life coaching. Her fun and heartfelt approach to yoga as well as her commitment and dedication to these teachings extend beyond her yoga mat providing inspiration to help others develop soulful connections through transformative self-inquiry, socially responsible thought and progressive community development.

Jennifer completed her formal yoga training at the Salt Spring Center of Yoga on Salt Spring Island BC. She continues her studies in the intuitive practice of Vijnana Yoga and understanding movement through the concept of Tensegrity (tension integrity) in the body.

### TESTIMONIAL

Yoga with Jennifer Golding is a release for the soul. While your body relaxes into the stretches, it warms to the philosophy of opening yourself to life through her gentle, expert coaching. If you have an hour a week to do something for your soul - that just happens to be great for your body - come to yoga! It's fun!

-Joan & Peter Crockatt

## JADAN INC

### CONSTRUCTION SERVICES

Price, Quality & Convenience for Over 30 Years

Experienced in a wide variety of projects from small renovations to large new construction projects. Call us for all your needs:

- |                    |                   |
|--------------------|-------------------|
| <b>Residential</b> | <b>Commercial</b> |
| • Kitchens         | • Offices         |
| • Bathrooms        | • Retail          |
| • Basements        | • Institutions    |
| • Additions        | • Warehouse       |
| • New Construction | • Industrial      |
| • Maintenance      | • Recreational    |



### Commercial Drywall, Steel Stud & Acoustics

General construction services specializing in all types of commercial & residential projects

For a free consultation on your maintenance, renovation or new construction needs call:

PH 403.245.4167 | CELL 403.801.6295 | [ian.kelly@jadan.ca](mailto:ian.kelly@jadan.ca)

# Victoria

Come, see what life on the coast is like!



Located on 50 acres overlooking the Pacific Ocean in Victoria, this large, luxury top floor condominium at Aquattro is surrounded by ponds, a salt-water lagoon, streams, natural parkland and walking trails. Its large, beautiful open-plan has been designed to maximize the views of the ocean and mountains. Aquattro's sustainable homes offer a Geothermal Heating System that conserves natural resources and reduces energy costs. The large deck features out door living in the best climate in Canada. \$881,900. mls 258485



Kathryn Tatchell  
1-888-886-1286  
[ktatchell@telus.net](mailto:ktatchell@telus.net)  
Victoria, BC  
[www.newportrealty.com](http://www.newportrealty.com)



# SNIP AND SCRUB

by Charlene Prickett

I feel blessed to live in a community as beautiful and safe as Mount Royal. I enjoy walking our streets, visiting with neighbours along the way. Thanks to the efforts of those who long ago planned and planted our community, I am surrounded by graceful streets under a magnificent, mature tree canopy which uplifts my eyes and my spirit. I take pleasure in being outdoors in my neighbourhood and am prepared to be an earnest steward of it. I sense many of you share my appreciation of this special place.

The onslaught of illegal trades signs and graffiti over the past five years is worrisome. For me, it is a visual assault, a tacky signal of disrespect for the general community. For the last year, I have mounted a personal response to this insult. I carry a pair of wire snips in my car console to remove every illegal trade sign I see staked in the ground or strapped to a traffic sign or street light. My best time to date (pop out of the car, remove the sign, get back in the car) is under five seconds. If I spot a sign while out walking, I just twist it off and toss it in the next construction dumpster I pass. It's not a big time commitment. The worst offender, by far, is the I-800 GOT JUNK guy. He is relentless....but so am I.

To get the bylaw officer involved is time consuming. You must report where and what the sign is, then the City has fourteen days to come check it out and another fourteen days to contact the tradesman. I'd rather just deal with it. The quicker it comes down, the less likely it is to reappear. The thought occurred to me that we might, through the MRCA, call the tradesmen to explain our policy and offer them a few inexpensive lines of advertisement in our newsletter, but that's a lot more work.

Graffiti removal requires a little more planning. I make a mental note of where I see graffiti as I travel the neighbourhood, and on a warm day, I head out with a little bucket of hot water, a small container of Bar Keeper's Friend or Comet and an aluminum scratcher pad (found in my late mother-in-law's cleaning collection) which looks like tight sliver coloured curls. I think steel wool would work fine. Most of the time it's dead easy, though some paints require more elbow grease. I am amazed at how resilient the traffic signs are. You don't need to worry about destroying the sign surface. I find the graffiti comes off leaving the sign intact. Most graffiti in Mount Royal appears on Enmax and Canada Post boxes, bus stop benches and lamp posts.

There is considerable research available regarding graffiti, largely from the USA. The recurring advice is remove it quickly. The universal experience is graffiti draws more graffiti. I have included for your interest some information from a good online resource.

I know several Mount Royal neighbours who also diligently remove eyesores. I hope you'll open your eyes and help honour the privilege we enjoy in this community.

## HOW IS A COMMUNITY "HURT" BY GRAFFITI?

From [graffitihurts.com](http://graffitihurts.com)

Graffiti sends the signal that nobody cares, attracting other forms of crime and street delinquency to the neighbourhood.

Graffiti decreases a resident's feeling of safety. Neighbourhoods with graffiti see a decrease in property values, loss of business growth and tourism, and reduced rider ship on transit systems.

Graffiti drains tax dollars. Funds that could be used for schools, roads, parks, and other community improvements, are used for graffiti clean up.

## IS ALL GRAFFITI THE SAME?

According to the USA National Council to Prevent Delinquency, about 80% of graffiti is hip hop or "tagger" graffiti.? Another 5% are "pieces". In the USA, gang graffiti makes up about 10%. In some cities, however, the amount of gang graffiti is increasing.

**Hip-hop graffiti** (sometimes called "tagger" graffiti) consists of "tags," "throw-ups," and "pieces":

- a "tag" is the graffiti vandal's moniker applied quickly and repetitively.
- a "throw-up" is a more elaborate tag, usually done in two or more colours. Vandals often use balloon letters, which are filled in or left as outlines.
- "Pieces," short for "masterpieces," are large, detailed drawings.? They are colourful, can include cartoon-like characters, and may take an hour or more to complete.

**Gang graffiti** is used to mark gang territory, list members, offer drugs or contraband for sale, or send warnings to rivals. It may include letters, symbols, or numbers known only by gangs and law enforcement.

**Generic graffiti** (or conventional graffiti) includes random markings, initials, declarations of love, social commentary, profanity, graduation events--"Class of 1997"--and other non-threatening messages.? Generic graffiti has no particular style.

Ideological or hate graffiti is any racial, religious, or cultural slur.

## WHAT IS THE BEST WAY TO PREVENT GRAFFITI?

The most effective way to prevent graffiti is to remove it promptly. While this may be difficult, studies show that removal within 24 to 48 hours results in a nearly zero rate of reoccurrence.

Consistent enforcement of local ordinances with strict penalties for graffiti vandalism is also effective. Finally, educate citizens and empower them to take action.

**After April 1, 2009, Mount Royal Community Association members can contact Jane Perry if they would like to pick up a Graffiti/Sign Removal Kit!!!![president@mountroyalstation.ca](mailto:president@mountroyalstation.ca)**

# POLITICALLY SPEAKING

Jon Mar, Alderman Ward 8

## CRIME STATISTICS DOWN ON CALGARY TRANSIT

The rate of crime on Calgary Transit property dropped in 2008 while ridership increased significantly.

Increases in ridership grew 5.6 per cent in 2007 to 2008. However, crimes against persons decreased from its peak of 2.95 crimes per one million riders in 2007 to 2.02 crimes per one million riders in 2008, and crimes involving violence against persons (e.g. assaults) decreased from 266 offences to 193 offences, and finally auto crime fell by 13 per cent.

“Crime is low on Calgary Transit,” said Brian Whitelaw, Coordinator of Public Safety and Enforcement. Whitelaw attributes a drop in the crime rate in 2008 to a number of safety and security initiatives that were implemented by Calgary Transit, including the hiring of 44 new peace officers in 2008, a closer working relationship with Calgary Police Service and improved surveillance technology.

“The risk of being victimized by crime while using Calgary Transit is extremely low,” Whitelaw said. “It is a safe transit system and we will continue to ensure it remains that way.”

For more information on Crime statistics please visit the Calgary Police website at <http://www.calgarypolice.ca/index.html> to view CPS's new crime mapping tool which allows you to search specific crime types and timeframes in any City of Calgary area, and display the results in an interactive map. While you're online checking out the new mapping tool have a look at CPS's new Online Reporting system.

# CALGARY POLICE SERVICE

## COMMUNITY LIAISON OFFICERS

LOWER MOUNT ROYAL residents should contact District 1, Constable Davies – 403 567-6100

UPPER MOUNT ROYAL residents should contact District 2, Constable Courte – 403 567-6200

For police issues, vandalism, etc.

## CRIME STATISTICS

### LOWER MOUNT ROYAL

Year	DEC 07	JAN 08	FEB 08	MAR 08	APR 08	MAY 08	JUN 08	JUL 08	AUG 08	SEP 08	OCT 08	NOV 08
Assault	1	2	1	2	3	4	1	0	5	2	0	0
Street Robberies	0	0	0	0	1	0	0	0	0	0	0	2
Commercial Robberies	0	3	0	0	0	1	0	1	0	0	0	0
Break & Enter - House	1	0	3	0	0	3	1	3	6	2	1	0
Break & Enter - Shop	4	2	2	0	2	0	1	0	0	1	2	1
Break & Enter- Other	0	0	0	0	0	0	1	1	1	0	0	0
Theft of Vehicle	2	2	3	3	4	7	3	10	4	6	6	2
Theft from Vehicle	7	4	2	7	5	13	10	10	6	7	11	7
Mischief	5	3	1	2	4	5	8	2	7	8	7	3
Crime Rate:											2006	2007
Person Crimes (per thousand population):											13	8
Property Crimes (per thousand population):											120	76

### UPPER MOUNT ROYAL

Year	DEC 07	JAN 08	FEB 08	MAR 08	APR 08	MAY 08	JUN 08	JUL 08	AUG 08	SEP 08	OCT 08	NOV 08
Assault	3	0	0	0	0	0	0	1	0	0	0	0
Street Robberies	0	0	0	0	0	0	0	0	0	0	0	0
Commercial Robberies	0	0	0	0	0	0	0	0	0	0	0	0
Break & Enter - House	0	0	0	0	0	1	1	2	3	4	1	0
Break & Enter- Shop	1	1	0	0	0	0	0	0	0	0	0	1
Break & Enter- Other	0	0	0	0	0	0	0	1	1	1	1	0
Theft of Vehicle	2	1	0	2	1	0	1	1	0	1	1	0
Theft from Vehicle	0	1	0	8	3	5	2	2	7	4	4	1
Mischief	1	1	1	2	1	1	7	0	4	8	4	0
Crime Rate:											2006	2007
Person Crimes (per thousand population):											0	3
Property Crimes (per thousand population):											26	22

For more information contact: [cps@calgarypolice.ca](mailto:cps@calgarypolice.ca) source: [http://www.calgarypolice.ca/news/stats\\_community.html](http://www.calgarypolice.ca/news/stats_community.html)

# Is Your Home Looking a Little Pale?

**Revive it with a dose of colour, elegance & style.**

## **4 Reasons to Hire Savoie Painting:**

- Residential home specialists.
- Latest home trends & designer colours.
- Savoie Painting is operated by owner Marc Savoie.
- Start on time, finish on time guarantee.



**Call Marc 710-2929  
Consultation by Appointment**

 **savoie**  
PAINTING  
Gorgeous Colour, Amazing Results

## **VENTURE INTERIOR DESIGN LTD**

**403.630.3991**

### **RENOVATING? CALL US FIRST!**

**OUR TEAM WILL TAKE YOU FROM START TO FINISH!**

**MAJOR RENOVATIONS . HOME ADDITIONS . KITCHENS . BATHROOMS  
NEW BUILD . REAL ESTATE SERVICES**

**TAKE ADVANTAGE OF THE TEMPORARY  
15% RENOVATION TAX CREDIT!**

**CALL TODAY FOR YOUR FREE HOME ASSESSMENT**

**[WWW.VENTUREINTERIORDESIGN.COM](http://WWW.VENTUREINTERIORDESIGN.COM)**

**VENTURE INTERIOR DESIGN LTD & RESIDENTIAL ONE REAL ESTATE**

**Beat the Springtime Rush!**



**Qualify for Home Renovation Tax Credit**

**CLASSIC RENOVATIONS**

SIDING • SOFFITS • FASCIA • EAVESTROUGH • BATTENS  
• ROOFING & WINDOWS

*Thank you for choosing Classic Renovations Inc. for your exterior home renovations.  
We appreciate your business and your trust in our business.*

**\$200 Off Soffit and Fascia**  
Expires June 30, 2009

**\$500 Off Entire House Package**  
Expires June 30, 2009 (siding, soffit, fascia, eavestrough, battens)

TEL: 403.899.8811 FAX: 403.251.3670  
www.classicrenovationsinc.ca



**MAKING HOMES LOOK GREAT AGAIN**



**FOR EXCELLENT SERVICE & RESULTS PLEASE CALL  
GORDON W. ROSS TEAM • 403-216-1600  
TOP 1% OF RE/MAX TEAMS NATIONALLY 2008 & 2007  
#1 RE/MAX TEAM IN CALGARY 2006  
#1 RE/MAX AGENT IN WESTERN CANADA 2005**

**Are you or someone you know thinking of Selling or Buying a home now or in the near future?**

I have **QUALIFIED BUYERS** for your home  
I SELL HOMES IN ALL AREAS OF THE CITY IN ALL PRICE RANGES!

**gordonwross@shaw.ca www.gordonwross.com**

Recently Sold:

- 3824—2 Street SW • Offered at \$2,100,000 • Represented Seller & Buyer
- 3026—10 Street SW • Offered at \$1,395,000 • Represented Buyer
- 3638—11 Street SWW • Offered at \$1,195,000 • Represented Seller & Buyer



**MOUNT ROYAL**  
Offered at \$1,124,999



**MOUNT ROYAL**  
Offered at \$2,200,000



**MOUNT ROYAL**  
Offered at \$2,649,999



**MOUNT ROYAL**  
Offered at \$5,600,000

## MARK YOUR CALENDARS!

Deadline for submission  
Mount Royal Community News  
Summer Issue  
**Tuesday,  
May 12, 2009**



## KEEP CONNECTED!

**Update your address in our records.**  
Our community is using email to let you know what is happening. Keep your information with us up-to-date. Go to the Address Update page on our website:  
[www.mountroyalstation.ca](http://www.mountroyalstation.ca)



## THANK YOU!

The Mount Royal Community Association would like to thank The Glencoe Club for the gift of printing our newsletter. We appreciate your dedication to the  
Mount Royal Community.



# WINTER! SPRING! SUMMER! FALL!

In ANY season . . . there is a reason . . . to join the MRCA!



- Ice Skating • Hockey • Tennis • Basketball • Playground • Social Events • Community Information

### MOUNT ROYAL COMMUNITY NEWSLETTER ASSOCIATION 2009 Calendar Year January 1 - December 31

Family Name: \_\_\_\_\_ First Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Children's Ages: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Date: \_\_\_\_\_

MRCA Family Membership (includes Tennis) \$45 \$ \_\_\_\_\_

Senior Membership (per household, one member over 65 years - includes Tennis) \$20 \$ \_\_\_\_\_

Associate Membership Non-Residential (must be a MCRA member to purchase) \$20 \$ \_\_\_\_\_

Donation to the Community (tax receipt given for donations over \$20 or when specifically requested) \$ \_\_\_\_\_

Total \$ \_\_\_\_\_

Interested in Volunteering?  Yes  No

Mail or drop-off completed membership form with cheque payable to:

**Mount Royal Community Association**

2317, 10 Street S.W., Calgary, Alberta T2T 3G7

or online at <http://www.mountroyalstation.ca/join.php>