



# MOUNT ROYAL COMMUNITY NEWSLETTER

2317, 10 Street SW, T2T3G7

SEPTEMBER • OCTOBER 2008

## PRESIDENTS MESSAGE

Hello Neighbours,

I hope you had a chance to read last editions president’s message. For me, I always enjoy seeing photos and reading documents that record the lineage of this historic community. I hope you found it interesting as well.

At our last executive meetings we decided that we would try to seek some of our more long standing community neighbours who may have some good tales to tell about Mount Royal so, we’ll need your help- if you would like to contribute (or know someone who should) we would sure love to hear from you so that we can publish your stories, picture or accounts of the past.

I would like to talk briefly about our membership drive that we executed earlier in the year. It was a simple play- shower you with gifts from some outstanding neighbouring businesses in return for your membership- It worked well and I again would like to thank our generous contributors

Elisabeth Fayt, Actor, Author, Story teller and Owner of RNR wellness THE SPA. Her generous donation to the community of a couples spa package amongst other gifts really kick started the idea.

Brava Bistro. When I contacted Dewey from Brava Bistro about helping the membership drive out there was no hesitation. He immediately mentioned his desire to acknowledge Mount Royal residents as loyal customers, and asked what I needed from him. The wine paired dinners for two that he provided was more than I had hoped.

WestJet, whose fledgling community volunteer program which seeks to assist employees who actively volunteer was a large contributor. “The Gift of Flight” for an active MRCA member and a guest was substantial to say the least.

I hope you take the opportunity to use the services of these local businesses that helped us out in the future. From firsthand experience I can attest to the fantastic service and products that all three offer in

## Special Events:

Progressive Dinner.....November 15

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# MOUNT ROYAL COMMUNITY NEWSLETTER

2317 10 Street SW, Calgary, T2T 3G7

## OFFICERS

Term: NOV 2007 to NOV 2008

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Term: NOV 2007 to NOV 2008

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For Advertising, Inquiries or Submissions;  
Contact newsletter@mountroyalstation.ca  
Ad submissions are included at the discretion of the  
Communications Director. All ads **MUST** be submitted in jpeg, eps, tiff,  
PDF or ai files. MICROSOFT WORD DOCUMENTS ARE  
**NOT ACCEPTABLE!**

### NEXT ISSUE (SEPTEMBER • OCTOBER)

Deadline for Submission – October 12, 2008

### Advertising Rates (Prepayment Required)

\$50	business card	3.6" w x 2" h
\$75	1/4 page	3.6" w x 4.5" h
\$300	1/2 page	7.6" w x 4.5" h

Mount Royal Community News is published bi-monthly.

their respective fields.

It would be great if we could do a drive like this again next year. Perhaps you operate a local business that could provide a service or product for a drive next year.

Speaking of next year, I will once again ask two things of you as a Mount Royal resident. First, come to the AGM in November, I miss you guys when I don't see you. Second, think about a position on the board. It's not for the money, it's not for the glamour, however, you pretty much get a live feed on all your neighbours' dirty secrets. And, if you get tired of that aspect of the job (like that would happen) simply take on one of the many unfinished/ongoing tasks that can make a positive difference for your children or friends in the community. It's rewarding...and informative!

Gerry

## "Joyful Eyeful"

ORIGINAL PAINTINGS • FALL SHOW & SALE

Lissi Legge Kathleen McCallum Pam Weber

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## BABYSITTING SERVICES

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Hanna . . . . . 244-8432  
• Babysitting certificate  
Kristen . . . . . 244-4373  
• Red Cross Babysitter's Card  
Tom . . . . . 245-5283  
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Like to add your name to the Babysitting Services list? EMAIL the Communications Director [newsletter@mountroyalstation.com](mailto:newsletter@mountroyalstation.com)

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# Host Houses NEEDED FOR THE 2008 PROGRESSIVE DINNER

The Progressive Dinner is on for the 15th of Nov. 2008 and it is time to open your door and seat your neighbours at your dining room table! We are looking for 15 host houses for this year's event and if you have never hosted before, please give it a try. It is a lot of fun, there is no pressure to turn out a Cordon Bleu menu, and it is because of the generous hosts that the Progressive Dinner is possible. So, please consider hosting this year. Of course, previous hosts are also most welcome! For more information, please e-mail Jane Perry at [janeperry@shaw.ca](mailto:janeperry@shaw.ca) or call 244-4188

**NOVEMBER  
15<sup>TH</sup>, 2008**

# Bylaw Bulletin

[www.calgary.ca/animalservices](http://www.calgary.ca/animalservices)

## LOVE AND LICENSING

–The best gifts you can give your pet.

Pet owners and non-pet owners alike know that unconditional love is a necessity for any four-legged family member. 143,000 cat and dog owners in Calgary also give their pets the gift of an Animal & Bylaw Services' pet licence. They know a licence is their pet's ticket home.

This September, Animal & Bylaw Services will be running a pet licensing campaign to remind all pet owners of the benefits of licensing their pets. Responsible pet owners know that by purchasing a licence, they not only help to ensure the safe return of a lost pet, they are also supporting the important work of Animal Services. All funds from licensing fees go directly to support the care of impounded animals, our volunteer socialization program, veterinary care, public education programs, publications and the enforcement of animal-related bylaws. Animal Services is not supported by tax dollars.

In Calgary, all cats and dogs must be licensed at three months of age. Pet licences are renewed each year. Under the Responsible Pet Ownership Bylaw, dogs are required to wear their licence tags when they are off of their owner's property. Cats must remain on their owner's property at all times. They do not need to wear their licence tag as long as they have a microchip or legible tattoo. However, a visible licence tag will help to get a lost cat home quicker.

Giving pets the gift of licensing helps Animal Services to reunite owners and the pets they love. If a Bylaw Officer is able to track the licence tag number of a lost pet from his on-board computer and immediately drive that pet back home, it absolutely makes his day!

Love and license your pet by calling 3-1-1, visiting our website at [calgary.ca/pet](http://calgary.ca/pet) licences or by coming to the Animal Services Centre at 2201 Portland Street SE.

For more information on the Responsible Pet Ownership Bylaw and Animal Services visit [www.calgary.ca/animalservices](http://www.calgary.ca/animalservices).



THE CITY OF  
**CALGARY**  
ANIMAL & BYLAW SERVICES

## BRINGING HOME BABY

HEATHER C. HUDAK



**Ramsey is a wonderful, laid-back 2-year old who will fit right in with a family. MEOW Foundation photo**

Many expectant parents worry about how their feline friends will react to their new baby and vice versa. Although new parents should take some simple preparatory precautions, there is little to fear. Problems between babies and cats are few and far between and there is no reason to assume your pet must be removed from your home when your baby arrives.

Pets deserve our time and to feel a part of the family when a baby comes home. Before the baby arrives, make any adjustments to a pet's schedule, location of its feeding station and litter box, etc., before the baby arrives: the cat won't associate the changes with the baby's arrival.

Once the baby has been introduced to the cat, it is important to pay close attention to their interactions. Allow the baby to touch and visit with the cat, but be careful the wee one does not grab fistfuls of fur. If the cat hisses or runs away, this is a natural reaction. Allow your cat to get used to the new presence in the house.

Do not punish the cats when they do something in regards to the baby, just take the baby or the cat out of the situation. Otherwise, your cat may associate the negative reaction to the baby and may resent the baby for it.

While new parents are very mindful of their baby's health, it is also important they ensure the family pets are feeling frisky and well. Since cats often are finicky about change, the new face around the house might be cause for health concerns. Please watch your cats very closely to make sure they are eating and remaining active.

As to the baby's reaction to the cat, babies generate a lot of mucus and this may not indicate an allergy to your cat. Before

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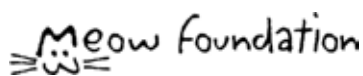


jumping to conclusions and considering getting rid of your cat, check with your doctor and carefully observe your baby's reaction to the cat over time.

Even if your baby and cat develop a fast bond, it is never a good idea to leave the cat alone with the baby or to let the cat jump in the crib or bassinet if the baby is inside. A parent who also owns cats is a role model for children: there is no better way to demonstrate love, compassion, responsibility and life-long commitment than to be a responsive and caring caregiver to the family cat.

For new parents seeking animal advice, the Calgary Health Region hosts a course called Old Pet, New Baby that explains how to prepare animals for the baby's arrival.

The MEOW Foundation is a no-kill cat rescue charity operating in the Calgary area. MEOW has helped thousands of homeless cats since 2000.



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## Yoga in your community!

TUESDAYS and THURSDAYS  
at Mount Royal Station

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- Deepen your practice

with Jennifer Golding  
owner and founder of Sukha Yoga.

Look for our schedule in this issue,  
visit [www.sukhayoga.ca](http://www.sukhayoga.ca),  
or find the schedule posted  
at Mount Royal Station.

Call: 589-5727

email: [jennifer@sukhayoga.ca](mailto:jennifer@sukhayoga.ca)

[www.sukhayoga.ca](http://www.sukhayoga.ca)

Jennifer Golding has been practicing Yoga and Meditation for over 6 years. Her fun and heart-felt approach to yoga provides inspiration and soulful connections. Her aim (off the mat) is to evoke transformative self-inquiry, socially responsible thought, and community development.



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## Christ Church Celebrates Completion of New Facilities!



The weekend of September 26-28 will find Christ Church celebrating the long-awaited completion of its new facilities. This joyful event will feature a theatre event for children with Quest Theatre on Saturday afternoon and a gala on Saturday night. On Sunday the liturgy will include a roving blessing of the new facilities. Christ Church also will honour the many parishioners who worked long and hard on the renovation project at a reception on Friday evening.

The focal point of the renovation is Christ Church's new Crump Room, sure to become a premier venue for community meetings and events, as well as church activities. Accessibility, convenience, and versatility assure that the Crump Room will readily accommodate meetings, seminars, conferences, receptions, galas, dances, celebrations, performances, and banquets. Built at ground level, the new Crump Room offers full, easy accessibility at street level. The south side lobby entrance and north side loggia entrance, both with automatic doors, assure ready access to the new Crump Room from the street, the church sanctuary, and the newly renovated church offices.

Floor to ceiling windows on the south and west sides and 14 foot ceilings breath spaciousness and light into the new facility. And air conditioning assures year-round comfort. The immediately adjacent kitchen/servery facilitates events where food and beverages are served, and a full commercial kitchen on the lower level is easily accessible via an elevator. With

uninterrupted floor space exceeding 1600 square feet, the new Crump Room boasts capacity ranging from 122 persons for a seated dinner to 367 persons for a standing reception. For educational events or seminars, the new Crump Room seats 196 persons in chairs or 154 persons in a conference format with tables. And the hardwood floor are an invitation to dance!

Also on the main floor, Christ Church's construction project provides newly renovated administrative offices, along with a new "quiet room." The upper floor features a new nursery, Sunday school classroom, and meeting room. In addition to the commercial kitchen, the lower level houses a new youth room, as well as a renovated choir room and classroom for the Christ Church Early Child Care Center. An elevator will provide full access to all floors. Renovated restrooms (women's, men's, and handicapped-accessible) will be available on each floor. This is the first major construction effort on this site in over 40 years, and is the work of the acclaimed architect Fred Valentine, currently of Stantec Architecture Ltd.

With construction complete, the Christ Church fall calendar already is laden with a variety of spiritual, musical, and educational events. On October 24-25, Christ Church will host the Rev'd Glenda Meakin for a weekend series on meditation in the mode of early Christianity. And on November 14-16 Christ Church will join the Wisdom Centre in welcoming the Rev'd Dr. Cynthia Bourgeault, the internationally known

retreat leader, writer, and hermit priest.

Christ Church's fall education program, "Loving God with Our Minds: Honest Questions, Honest Answers," also features a Thursday morning Bible Study on the books of Genesis and Exodus, an October book study on Peter Gomes' acclaimed *The Good Book*, and first Tuesday Movie Nights.

Music will fill the air at Christ Church throughout the fall. Early Music Voices will present concerts on October 17 and December 8, and Calgary organist Jim Picken will appear in recital at Christ Church on October 18. On October 22, Christ Church will host the Annual Sopranos Concert by the Calgary Girls Choir, featuring mezzo-soprano Andrea Hill. On November 28, Spiritus Chamber Choir will appear in concert. Choir KOS, a students' choir of the Pedagogical School in Litomysl in the Czech Republic, will Sing at the annual Christ Church Advent Procession on November 30 and will present a concert at Christ Church on December 5.

For more information about worship, events, activities, and use of facilities at Christ Church, visit the church website at [www.christchurchcalgary.org](http://www.christchurchcalgary.org), or contact the church staff at (403) 243-4680 or at [info@christchurchcalgary.org](mailto:info@christchurchcalgary.org).

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## Picky Eating



Free Toddler Nutrition Class!  
Taught by a Registered Dietitian

This class is for parents and caregivers of toddlers looking for help with common picky eating issues like:

- Won't try new foods
- Wants the same foods all the time
- Won't eat vegetables and/or meat
- Would rather drink than eat
- Doesn't seem to be eating enough
- Power struggles at the table
- Having to make separate meals
- Wants dessert but nothing else

For more upcoming classes,  
call Nutrition & Active Living at  
943-8121 or visit

[www.calgaryhealthregion.ca/nutrition](http://www.calgaryhealthregion.ca/nutrition)



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### PICKY EATING CLASSES

As long as there have been kids there have been parents of kids puzzled by their picky eating. If this is a concern in your family, know that there is help. The Calgary Health Region offers a free two-hour nutrition class taught by a Registered Dietitian for parents and caregivers of toddlers and preschool children. You will learn about ways to cope with picky eating behaviour such as refusal of new foods, getting your child to eat vegetables and more! Register for a free Picky Eating class today. For dates and locations of upcoming classes and to register call 943-8121 or go online at [www.calgaryhealthregion.ca/nutrition](http://www.calgaryhealthregion.ca/nutrition).

7

**Yoga in your community!**

at Mount Royal Station



Join your neighbors in this warm and intimate setting to explore yoga with Jennifer Golding, owner and founder of Sukha Yoga. Sukha Yoga provides a progressive, balanced and integrated method of learning yoga postures, meditation and philosophy. To ensure a safe and enjoyable practice, emphasis will be placed on creating a strong foundation in body alignment and breath awareness.

**TUESDAYS**

Session 1: September 23 - October 28	(8 weeks)
9:30 AM - 11:00 AM	Vijnana Mixed Levels \$145
1:30 PM - 2:45 PM	Restorative/ Yin \$145
6:30 PM - 7:45 PM	Vijnana Mixed Levels \$140
8:00 PM - 9:00 PM	Yoga Nidra \$135

**THURSDAYS**

Session 1: September 25 - October 30	(8 weeks)
9:30 AM - 11:00 AM	Vijnana Mixed Levels \$145
1:30 PM - 2:45 PM	Pre Natal \$145
4:15 PM - 5:30 PM	Vijnana Mixed Levels \$140
7:15 PM - 8:30 PM	Vijnana Mixed Levels \$140

Tuesday Session 2 runs November 4 - December 16 (7 weeks)  
 Thursday Session 2 runs November 6 - December 18 (7 weeks)

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 Register for BOTH Tuesday and Thursday classes in the same time slot and receive a discount. See website for details: [www.sukhayoga.ca](http://www.sukhayoga.ca)

To REGISTER: Call: 589-5727  
 or email: [jennifer@sukhayoga.ca](mailto:jennifer@sukhayoga.ca)

[www.sukhayoga.ca](http://www.sukhayoga.ca)

## PUBLIC SERVICE ANNOUNCEMENT

### Citizens Advocating the Use of Sustainable Energy Internationally Acclaimed Physician to Speak in Calgary

Citizens Advocating the Use of Sustainable Energy (CAUSE) are pleased to be able to bring Dr. Helen Caldicott to Calgary. Dr. Caldicott, featured in the Academy Award winning film, If You Love this Planet, co-founder of Physicians for Social Responsibility, author, and Nobel Prize nominee, will be speaking in Calgary on Tuesday, October 7th at 7:00 p.m. at MacEwan Hall, University of Calgary. Now living in Australia, Dr. Caldicott brings decades of research and a medical perspective to the discussion on nuclear energy. Her talk is entitled: Nuclear Power is Not the Answer. Admission is free. Donations are welcome. Poster is attached.

For more information about this PSA, please contact:

Elena Schacherl,

[nuclearfreealberta@gmail.com](mailto:nuclearfreealberta@gmail.com)

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Citior Sophia Lang

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- ◊ Co-founder of Physicians for Social Responsibility
- ◊ Nominated for the Noble Peace Prize

## “Nuclear Power is Not the Answer”

Tuesday, Oct. 7, 2008 7:00 pm  
 MacEwan Hall, University of Calgary  
 2500 University Dr NW

Admission free. Donations welcome.



*“...the nuclear industry is running a public relations scam of massive proportions.”*

- Dr. Helen Caldicott

*“Dr. Helen Caldicott has the rare ability to combine science with passion, logic with love, and urgency with humor.”* - NAOMI KLEIN



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Thank you also to Kathy Czar, the Arusha Centre and The Sierra Club of Canada – Prairie Chapter!

More information: 403-244-8001 email: [nuclearfreealberta@gmail.com](mailto:nuclearfreealberta@gmail.com)

[www.nuclearfreealberta.ca](http://www.nuclearfreealberta.ca)

## Protecting Consumers...

Earlier this year Minister of Health Tony Clement introduced Bill C-51. This enactment amends the Food and Drugs Act to modernize the regulatory system for foods and therapeutic products, to strengthen the oversight of the



benefits and risks of therapeutic products throughout their life cycle, to support effective compliance and enforcement actions and to enable a greater transparency and openness of the regulatory system.

After the bill was introduced, extensive stakeholder consultations were held. Many of my Calgary constituents also raised concerns over specific details of the proposed legislation. Our government listened to the issues that were raised.

As a result of the consultations and input from Members of Parliament, we are putting forward proposed amendments to Bill C-51 for discussion and consideration in Committee in the weeks ahead. The proposed amendments will:

Define Natural Health Products (NHPs) within the Act as a “third” category apart from Food and Drugs and make it clear that regulations relating to drugs will not apply to NHPs;

Consider traditional knowledge and history of use when determining the safety of NHPs and;

Allow for the creation of an Advisory Committee including industry, consumers, and health professionals to provide guidance to government.

For more information please visit [http://healthycanadians.gc.ca/pr-rp/facts-c51-fiches\\_e.html](http://healthycanadians.gc.ca/pr-rp/facts-c51-fiches_e.html)

### Contact us...

Our address is: suite 105, 1410 11<sup>th</sup> Ave SW Calgary, T3C 0M8 or phone (403) 244-1880. Our e-mail address is [Richardson.L@parl.gc.ca](mailto:Richardson.L@parl.gc.ca).



## Dining in the Dark

IN/SIGHT is not just another fundraising event: it is a total sensual, aesthetic experience, the likes of which has never been offered in Calgary before, and may never be again. The act of sitting down in a room full of strangers to break bread is something most of us take for granted. But what happens when the lights are turned out? Without visual information, simple things we take for granted become an extraordinary challenge. Is that a glass or red wine? Or is it a white? That voice from across the table sounds familiar, but who is it, exactly?

In the context of this heightened environment, IN/SIGHT offers the best of what Calgary has to offer. Chef Duncan Ly and his team at Hotel Arts are working diligently to offer a creative and refreshing bill of fare. Wine guru, Calgary Herald columnist, and manager of Bin 905 on 4th Street, Geoff Last, has created an imaginative wine list. The evening concludes with the world premier of a short play by Calgary's award-winning playwright Eugene Stickland – a live performance by actors who will not be seen by their audience. This is once in a lifetime opportunity, not to be replicated, not to be missed.

Tickets are available by calling Dagmar at 403 229 9753 or by email [dagmarsevents@shaw.ca](mailto:dagmarsevents@shaw.ca)

For complete details, check out the website, [whateveritis@whatever.com](http://whateveritis@whatever.com)

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## Traffic News

Thank you to all of you who have written and called our Alderman and signed petitions supporting our efforts to address traffic safety issues in Mount Royal. As I have previously reported we are concentrating our efforts in the most critical areas of the community, where traffic volumes and speeds exceed City standards and where resident concerns are most vocal. To that end I have counted approximately 120 signatures on petitions that have been sent to Alderman John Mar's office. I encourage you to continue to provide feedback to John Mar on traffic safety concerns as it is critical that we gain his support for future action.

In a recent article in the Calgary Herald it was reported that people who live in neighbourhoods with more opportunities for exercise, less crime, healthier grocery shopping experiences and better sense of community had a lower risk of having high blood pressure. In a nut shell this is what we are all about in our efforts to improve the quality of life in our community. We want to ensure that our streets are safe, that pedestrian and cycling activities are encouraged and that our close proximity to downtown shopping and work continue to be positive attributes. The very fact that cut-through traffic exists introduces a negative element that we must address and deal with. We are encouraged by the support of the Director of Roads, Mac Logan who has on two occasions walked with us through the neighbourhood to see first hand the issues and concerns. Mac has committed to some minor improvements which can be completed within his authority and resources – however to see significant advancement we need to be unified in our approach with the City and continue to remind them that the majority of traffic calming measures identified in the Mount Royal Traffic Calming Plan still remain in plan only.

So let's make a point of chatting to our neighbour, setting the example by driving slowly and safely, taking a nice walk and appreciating the uniqueness and historic nature of Mount Royal – our quality of life and personal health will benefit from this effort.



### CLO

(community liason officer)

for Mount Royal.

Residents should contact Cst Courte, District 2

**567-6200**

for police issues,  
vandalism etc.

## MOUNT ROYAL INFORMATION

### COMMUNITY ASSOCIATION BOUNDARIES

- North** 17 Avenue  
**East** College Lane; Royal Avenue; Hope Street (both sides); Earl Gray Crescent; Ridge between Earl Gray Crescent and 29 Avenue  
**South** Council Way; 10 Street; Premier Way; 8 Street (both sides)  
**West** 14 Street

### CRIME STATISTICS:

UPPER MOUNT ROYAL												
	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Year	07	07	07	07	07	07	08	08	08	08	08	08
<b>ASSAULT</b>	0	0	0	0	3	3	0	0	0	0	0	0
<b>STREET ROBBERIES</b>	0	0	0	0	0	0	0	0	0	0	0	0
<b>COMMERCIAL ROBBERIES</b>	0	0	0	0	0	0	0	0	0	0	0	0
<b>BREAK AND ENTER - HOUSE</b>	5	1	2	0	2	0	0	0	0	0	0	1
- SHOP	0	0	0	0	0	1	1	0	0	0	0	0
- OTHER	1	0	0	0	0	0	0	0	0	0	0	0
<b>THEFT OF VEHICLE</b>	3	0	0	0	0	2	1	0	2	1	0	1
- FROM VEHICLE	1	1	7	1	0	0	1	0	8	3	5	1
<b>MISCHIEF</b>	1	1	0	3	2	1	1	1	2	1	1	6
<b>Crime Rate:</b> 2006 2007												
<b>Person Crimes (per thousand population):</b> 0 3												
<b>Property Crimes (per thousand population):</b> 26 22												

LOWER MOUNT ROYAL												
	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Year	07	07	07	07	07	07	08	08	08	08	08	08
<b>ASSAULT</b>	4	3	2	2	0	1	2	1	2	3	4	1
<b>STREET ROBBERIES</b>	0	1	1	1	2	0	0	0	0	1	0	0
<b>COMMERCIAL ROBBERIES</b>	0	0	0	0	0	0	3	0	0	0	1	0
<b>BREAK AND ENTER - HOUSE</b>	1	2	1	1	0	1	0	3	0	0	3	1
- SHOP	2	0	2	1	0	4	2	2	0	2	0	0
- OTHER	0	0	1	0	0	0	0	0	0	0	0	1
<b>THEFT OF VEHICLE</b>	2	2	4	3	6	2	2	3	3	4	7	4
- FROM VEHICLE	8	7	13	12	8	7	4	2	7	5	13	8
<b>MISCHIEF</b>	11	4	7	3	8	5	3	1	2	4	4	8
<b>Crime Rate:</b> 2006 2007												
<b>Person Crimes (per thousand population):</b> 13 8												
<b>Property Crimes (per thousand population):</b> 120 75												

## Éducation CATHOLIQUE et FRANCOPHONE à Calgary en 2008-2009



Le Conseil scolaire catholique et francophone du Sud de l'Alberta (CSCFSA) offre une éducation catholique et francophone de haute qualité aux élèves de la maternelle à la 12<sup>e</sup> année.

Ses écoles offrent la programmation du ministère de l'Éducation de l'Alberta dans un environnement où la langue française a une place prépondérante, où la culture française est véhiculée et mise en valeur et où les valeurs chrétiennes sont préconisées.

LE CSCFSA A DEUX ÉCOLES À CALGARY POUR SERVIR LES FAMILLES AYANTS DROIT.

### École Sainte-Marguerite-Bourgeoys

M à 12  
4700 Richard Road S.W.  
403-240-2007 [ecolesmb@cscfsa.ab.ca](mailto:ecolesmb@cscfsa.ab.ca)

### École Notre-Dame-de-la-Paix

M à 6  
809, boulevard Willingdon S.E.  
403-271-5544  
[ecolendp@cscfsa.ab.ca](mailto:ecolendp@cscfsa.ab.ca)

#### Dans les écoles du CSCFSA, les élèves :

- étudient dans un environnement familial;
- développent le goût des études;
- apprennent à maîtriser les deux langues officielles;
- se construisent une identité francophone;
- ont l'occasion d'apprendre avec l'appui des nouvelles technologies;
- apprennent à devenir de bons citoyens.

*Selon Alberta Education, le but de l'éducation en français langue première est d'assurer une expérience d'apprentissage scolaire dans le cadre de la langue, de la culture et de la communauté francophone, selon les dispositions de l'Article 23 et de remédier à l'érosion linguistique et culturelle.*

## CATHOLIC FRANCOPHONE Education in Calgary in 2008-2009



The Conseil scolaire catholique et francophone du Sud de l'Alberta (CSCFSA) provides an excellent education within a Catholic and Francophone environment to students from kindergarten to Grade

12. Its schools follow the Alberta Education program of studies within an environment that promotes French as a first language and the Francophone culture and where Christian values are reinforced.

THE CSCFSA HAS TWO SCHOOLS IN CALGARY AND PROVIDES FRANCOPHONE EDUCATION SERVICES TO RIGHT HOLDER FAMILIES.

### École Sainte-Marguerite-Bourgeoys

K to 12  
4700 Richard Road S.W.  
403-240-2007 [ecolesmb@cscfsa.ab.ca](mailto:ecolesmb@cscfsa.ab.ca)

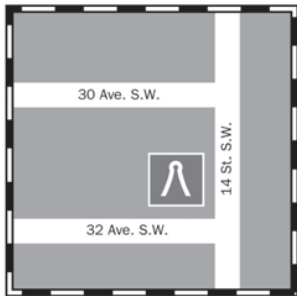
### École Notre-Dame-de-la-Paix

K to 6  
809, Willingdon Boulevard S.E.  
403-271-5544  
[ecolendp@cscfsa.ab.ca](mailto:ecolendp@cscfsa.ab.ca)

#### In CSCFSA schools, students :

- studying in a family environment;
- are interested by studies;
- develop their skills of Canada's two official languages;
- build a francophone identity;
- has the opportunity to learn with the support of new technologies;
- learn to become good citizens.

*According to Alberta Education, the purpose of the francophone education is to provide a learning experience built around francophone language, culture and community as provided for under section 23 of the Charter and to help correct the linguistic and cultural erosion.*



## Alexander Calhoun Library

3223 – 14 Street SW

### Hours:

Monday - Thursday 10 a.m. – 9 p.m.  
Friday & Saturday 10 a.m. – 5 p.m.  
Sundays (mid-Sept to mid-May) 12:00 – 5 p.m.

Telephone: 260-2600



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### All libraries will be closed on Monday, October 13 in celebration of Thanksgiving.

All programs are free unless otherwise noted and can be registered online @ calgarypublic.com by phone @ 260-2620, or in person at any branch. Programs coming up at the Calhoun branch.

#### Investment Workshop - Just for Women

Learn the fundamental information women need to know to take charge of their financial future. The five hour workshop includes lunch. Presented by Darren Heywood, Edward Jones.

Wednesday, Sep 24  
10:30 a.m. - 3:30 p.m.

#### Tell Me a Story

Join storyteller Beth Bennett as she tells tales from around the world.

Ages 5 to 9  
Saturday, Sep 27  
2:00 - 2:45 p.m.

#### Wii for Seniors

Get some exercise by trying tennis, bowling, and golf on the Nintendo Wii video game system.

Ages 50 and up  
Wednesday, Oct 01  
10:30 a.m. - 12:00 p.m.

#### Fire Lookout Hikes in the Canadian Rockies by Mike Potter

This local author of guidebooks on hiking and natural history, shares his experiences walking to the fire lookout towers in the Rockies.

Monday, Oct 06  
7:00 - 8:30 p.m.

#### Antiques Road Show

Meet expert Sheldon Smithens and bring your items to be appraised in the Library's version of this popular television show.

Tuesday, Oct 07  
7:00 - 8:30 p.m.

#### Computer courses for Seniors: CyberSeniors

Learn how to use a mouse, search the Internet, use e-mail, and about the components of a computer.

Ages 50 and up  
Wednesdays, Oct 01 to Oct 22  
10:00 a.m. - 12:00 p.m.

#### MS Office for CyberSeniors

Learn how to save and print a document, create a spreadsheet, and build a slide show (Word, Excel, and PowerPoint). Prerequisite: CyberSeniors.

Ages 50 and up  
Fridays, Oct 10 to Oct 24  
10:00 a.m. - 12:00 p.m.



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102 CRESCENT ROAD NW • Offered at \$8,000,000 • Represented Seller & Buyer**



**MOUNT ROYAL**  
Offered at \$1,649,900



**MOUNT ROYAL**  
Offered at \$2,695,000



**MOUNT ROYAL**  
Offered at \$5,595,000



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### Roxboro - On the River

- Understated and private setting
  - 4200 sq ft + fully developed lower level
    - Architecturally designed, timeless luxury living
  - Backs on the Elbow River and has a city view
- Offered at \$4,599,000



### Bel Aire - Backing onto Golf Course

- Huge [4500 sq ft] executive updated bungalow located on 22,610 sq ft lot
  - Backs onto Calgary Golf & Country Club
  - Fabulous home for entertaining - with spacious living & dining rooms
    - Quiet, cul-de-sac location
- Offered at \$4,700,000

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If you are thinking of buying or selling, please call 249-4322 to discuss.

# MARK YOUR CALENDARS!



DEADLINE FOR SUBMISSION  
MOUNT ROYAL COMMUNITY NEWS  
NOVEMBER • DECEMBER ISSUE  
SUNDAY, OCTOBER 12, 2008

# KEEP CONNECTED

UPDATE YOUR ADDRESS IN OUR RECORDS  
Our community is using email to let you know what is happening. Keep your info with us up-to-date. Go to the Address Update page on our website...  
[www.mountroyalstation.ca](http://www.mountroyalstation.ca)



# THANK YOU

The Mount Royal Community Association would like to thank The Glencoe Club for the gift of publishing and collating our newsletter. We appreciate your dedication to the Mount Royal Community.



## WINTER! SPRING! SUMMER! FALL!

In ANY season... there is a reason... to join the MRCA!



- Ice Skating • Hockey • Tennis • Basketball • Playground • Social Events • Community Information

## Become a MEMBER Sign up TODAY!

MOUNT ROYAL COMMUNITY NEWSLETTER ASSOCIATION • 2008 Calendar Year • Jan 1 - Dec 31

FAMILY NAME: \_\_\_\_\_ FIRST NAME(S): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

POSTAL CODE: \_\_\_\_\_ CHILDREN'S AGES: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

(used to inform you of upcoming community events)

DATE: \_\_\_\_\_

MRCA Family Membership - includes tennis \$45 \$ \_\_\_\_\_

Seniors Membership - per household, one member over 65 years, includes tennis \$20 \$ \_\_\_\_\_

Associate Membership Non-Residential - for those who want to use the courts (must be a MRCA member to purchase) \$20 \$ \_\_\_\_\_

Donation to the Community - tax receipt given for donations over \$20 or when specifically requested

Interested in Volunteering  \$ \_\_\_\_\_

TOTAL \$ \_\_\_\_\_

Mail or drop-off completed membership form with cheque payable to  
MOUNT ROYAL COMMUNITY ASSOCIATION 2317, 10 Street SW, Calgary, AB T2T 3G7  
or online at <http://www.mountroyalstation.ca/join.php>